

Gymnasium Schedule Winter 2026

This is a general schedule, please call (206) 973-4680 for confirmation.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:30 a.m.	Senior Fitness		Senior Fitness		Senior Fitness	Drop-in Badminton \$5	
9:00 a.m.							
9:30 a.m.							
10:00 a.m.	Pickleball League	Senior Tai Chi		Adult Tai Chi	Indoor Flying \$3.75		
10:30 a.m.							
11:00 a.m.							
11:30 a.m.							
Noon	Drop-in Pickleball/ Badminton \$3	Drop-in Pickleball/ Badminton \$3	Drop-in Pickleball/ Badminton \$3	Drop-in Pickleball/ Badminton \$3			
12:30 p.m.							
1:00 p.m.							
1:30 p.m.							
2:00 p.m.	Pickleball Lessons	Teen Badminton \$3		Rental Time	Pickleball Lessons	Rental Time	
2:30 p.m.							
3:00 p.m.							
3:30 p.m.							
4:00 p.m.	Pickleball League	Total Body Fitness		Total Body Fitness	Drop-in Pickleball \$6		
4:30 p.m.							
5:00 p.m.							
5:30 p.m.							
6:00 p.m.							
6:30 p.m.							
7:00 p.m.	Rental Time		Rental Time				
7:30 p.m.							
8:00 p.m.							
8:30 p.m.							
9:00 p.m.	Facility closed	Facility closed	Facility closed	Facility closed	Facility closed	Facility closed	
9:30 p.m.							

***Gym schedule subject to change - call for confirmation.**

SeaTac Community Center: 206-973-4680