

SENIOR CITIZEN ADVISORY COMMITTEE

Meeting Minutes

Tuesday, November 18, 2025
9:00 AM

SeaTac Community Center
206.973.4680

CALL TO ORDER: The Senior Citizen Advisory Committee meeting was called to order at 9:03 a.m.

ROLL CALL: Present: Judy Beste, Delores Parks, Teresa Cicrich-Powell, Veena Mehta, Wayne Morgan, Vicki Lockwood.

ADMINISTRATIVE STAFF: Linda Croasdill, Recreation Program Supervisor; Amy Oliverson, Recreation Program Specialist; Nicole Jones, Recreation Manager

APPROVAL OF MINUTES: Minutes dated October 21, 2025, were approved as presented.

SEATAC CAFÉ UPDATE: The Thanksgiving Lunch will be held tomorrow, November 19. It is currently sold out with 150 attendees. Community Center staff will help serve lunch. Green Sprouts has a new kitchen manager, who is doing a great job. They will be sending a nutritionist to present information on healthy eating on November 20 and December 11. Lunch will be closed from December 22 to January 5 due to floor refinishing. The Holiday Lunch will be held December 19. Cece Engel will perform.

MONEY MANAGEMENT UPDATE: The SeaTac Senior Program Fund statement for October was not yet available.

PURCHASES: No purchases to discuss.

NEW BUSINESS: Cynthia Sipes has resigned from the committee. The city is currently recruiting to fill the vacancy. Line dance parties and coffee ceremonies for 2026 have been scheduled. Teresa suggested exploring the possibility of having line dance parties in the gym to allow more space. We will be offering a new Tai Chi class beginning in February 2026. Amy expressed her thanks to the committee members and others for regularly attending the Newcomer's Social and creating a welcoming environment for new participants.

OLD BUSINESS: Linda is working on instructor contracts for 2026. Seniors Working Out will be held in rooms 106 & 107 during the floor refinishing closure.

FUTURE TOPICS: Teresa suggested a discussion about Senior Program goals for 2026; Amy will prepare a short presentation for the next meeting. The committee decided to hold the regularly scheduled meeting in December.

OTHER INFORMATION: Linda attended a meeting with King County Public Health. They provided information on vaccination rates for flu, Covid and RSV. South King County has the area's lowest vaccination rates due to barriers to access.

ADJOURNMENT: The meeting was adjourned at 9:38 a.m.