

RECREATION & SERVICES GUIDE

Diverse City, Diverse Programs!

Summer 2025



LETTER FROM THE DIRECTOR

Mary Tuttle
Parks & Recreation Director

This May, one adventurer in our Department is stepping out of thirty-three and a half years of service to our SeaTac community and into retirement, and she will be greatly missed!

Gwen Rathe, who began with the city in 1991 has been a mainstay for the city. She is a cherished member of our leadership team within Parks and Recreation, and as the Administrative Assistant III, she is a key member of the team.

Having served in multiple capacities, prior to the creation of the Parks and Recreation Department, she was one of the very early city employees. Gwen remembers working on opening day at the SeaTac Community Center, transporting children for the afterschool program, and helping set up and furnish the SeaTac Community Center in preparation for new recreational programs.

Gwen has been the person responsible for the design of this recreation guide for over 25 years, creating over 100 publications for the community. While the recreation guide is anticipated to be staying, it will be seeing a new publisher, as Gwen's expertise with InDesign is quite uncommon amongst people in administrative positions.

Notably, Gwen is self-taught, which she had to do in several areas along her career with the city, as she has functioned as a true gap filler, stepping into whatever area needed her, so that programs and services could happen for the community.

Gwen, we wish you happy trails and many adventures! Thank you for your thoughtful service to our staff, community and partners; you will be greatly missed.

~ Mary

North SeaTac Park Trail Repairs

Thanks to the Washington Recreation & Conservation Office!

As you roll, stroll, or run through North SeaTac Park this summer, you may notice smoother trails. The City received a grant award from the Washington Recreation & Conservation Office in the amount of \$100,000. The



awarded grant funds are being used to repair damaged sections of trail in North SeaTac Park. Approximately twenty-eight sections of multi-use trail were identified as creating trip hazards. The repairs are expected to be completed by end of June.

Volunteer in North SeaTac Park!

Join us for some forest restoration work in North SeaTac Park. We will be improving the park by removing invasive plants and planting trees and shrubs. All ages are welcome. Come volunteer and get your hands dirty! Precise meeting location will be available when you sign up.



Upcoming dates:

- 10 a.m.–noon, Saturday, June 7
- 10 a.m.–noon, Saturday, July 12
- 10 a.m.–noon, Saturday, August 9
- 10 a.m.–noon, Saturday, September 13

To sign up or for more information visit:

seatac.greencitypartnerships.org

or scan the QR code below.





Lifeguards at Angle Lake Park

We are thrilled to announce the return of the Angle Lake Park lifeguard team for a second year in a row! Following a multi-year hiatus caused by a nationwide lifeguard shortage, last year marked the successful reintroduction of a staffed swimming area at the park. We are excited to continue building on that momentum this season.

New staff and familiar faces will be joining the aquatics team this summer, bringing experience, energy, and a strong commitment to safety. In addition to supervising the water, our team will once again be providing free public water safety classes, helping to educate our community and promote safe practices in and around the water. Stay up to date by following our social media channels, and we look forward to seeing you at the park this summer!

Lifeguard Schedule:

- June 19–September 3, Noon–8:00 p.m.*
- Friday, July 4, Noon–6:00 p.m.*

*Lifeguard schedule subject to change.

Spray Park Schedule:

Open daily from Memorial Day through Labor Day, 11:00 a.m.–8:00 p.m.

Angle Lake Park to Close Early on Fourth of July for Public Safety

Following two meetings of the Public Safety and Justice Committee, the City of SeaTac has decided to pause formal Fourth of July programming at Angle Lake Park for the next two years, starting in 2025.

On July 4, 2025, the park will remain open to the public until 6:00 p.m., allowing visitors to enjoy the spray park, dock, and fully guarded swimming areas. The parking lot will remain closed; however, parking is available at Alaska Airlines just north of the park and at the IBEW Union lot. At 6:00 p.m., the police will clear the park, which will then remain closed for the rest of the evening and reopen the following morning. The boat ramp will remain closed.

This decision was made in response to feedback from law enforcement and emergency management officials, who expressed concerns about safety due to an inadequate staff-to-attendee ratio and overcrowding. In 2024, attendance exceeded the park's maximum capacity of 3,400 by 88%.

The City plans to re-evaluate and resume formal Fourth of July programming in 2027.

Surrounding cities are offering things to do on July 4th. Please search online for activities that interest you.



Connect with the City of SeaTac on social media!



FAMILY Bike Rodeo

11 a.m.–2 p.m., Saturday, June 28

North SeaTac Park (main parking lot)

Hey families! Grab your bikes and roll on over for a fun-filled day on wheels. Little riders (ages 8 and under) can cruise through a special kids' course, while everyone learns cool tips about bike safety and how to rock a helmet the right way. Plus, there'll be tons of awesome activities, don't miss out on the fun! There will be activities for kids aged up to 11 to participate in for free. In collaboration with Puget Sound Fire & SeaTac BMX.



www.seatacwa.gov/SpecialEvents

Garden Story Time

Fridays, 12:30–1:00 p.m.

June 27, July 11, July 25, August 8, August 22, September 5

Highline SeaTac Botanical Garden ~ Rose Garden

Join the King County Library Services (KCLS) librarian for a session of children's story time while enjoying the views of the botanical garden. This is a free program. Bring a blanket and snack for the little ones.

www.seatacwa.gov/SpecialEvents





MUSIC IN THE PARK Summer Concert Series

Enjoy the beautiful summer weather by spending the evening listening to live music. Bring your dinner and a blanket to lay on the lawn and enjoy the tunes! The concerts are free. Two of the Music in the Park dates align with the Summer Night Market's happening this summer! Food vendors may be present.

Angle Lake Park, 19408 International Blvd., SeaTac
Riverton Heights Park, 3011 S. 148th St., SeaTac

ONE VIBE BAND (AFRICAN FUSION WITH TRADITIONAL INFLUENCES & REGGAE)

Wednesday, July 9, 6:00–8:00 p.m., Angle Lake Park
*Summer Night Market Date

GLOBAL HEAT (SOUL, R&B, FUNK MUSIC WITH HIGH-ENERGY)

Wednesday, July 16, 6:00–8:00 p.m., Angle Lake Park

THE STACY JONES BAND (HIGH ENERGY ROOTS ROCK, BLUES & AMERICANA)

Wednesday, July 23, 6:00–8:00 p.m., Riverton Heights Park

R E P O S A D O (LATIN, FUNK, AFRO, SOUL)

Wednesday, July 30, 6:00–8:00 p.m., Riverton Heights Park
*Summer Night Market Date

Thank you to 4 Culture for supporting the Summer Concert Series.



SUMMER MARKET

Wednesday, July 9, 5:00–8:00 p.m. ~ Angle Lake Park

Wednesday, July 30, 5:00–8:00 p.m. ~ Riverton Heights Park

Shop local while you listen to the lovely tunes of Music in the Park. We will host two summer markets that coincide with the Music in the Park event. Food trucks may be present while you shop, and vendors to explore. Summer is here, get out and enjoy the parks! Applications for interested vendors are available online or email specialevents@seatacwa.gov to inquire.

www.seatacwa.gov/SpecialEvents

THEATER IN THE PARK

Riverton Heights Park, 3011 S. 148th St., SeaTac
Live theater returns to Riverton Heights Park. Come for a laugh, and enjoy the live performances from the Seattle Shakespeare Company and Burien Actors Theatre. Pack a blanket or chair along with some snacks or dinner to enjoy a free theater performance. Thank you to 4Culture for supporting the *Theatre in the Park* series.

“As You Like It”

Friday, July 18, 7:00 PM

Presented by Seattle Shakespeare Company.

“The Guardsman” by Ferenc Molnar, adapted by Rachel Rene

Friday, July 25, 7:00 p.m.

Presented by Burien Actors Theatre.



**BURIEN
ACTORS
THEATRE**

**SEATTLE
SHAKESPEARE**

**4
CULTURE**

SeaTac Kidz Nite

**Friday, August 15, 5:00-9:00 p.m.
Riverton Heights Park**

Summer is wrapping up and before the kids go back to school, join us for a free Kidz Nite out! Live entertainment starts at 5 p.m. For the kids: bouncy houses, face painter, games and more. We will end the evening with a family friendly movie on the lawn. Food vendors may be present. All activities are free! The movie, “The Wild Robot” will start after sunset.

Live Music • Bouncy Houses • Games • Face Painter • Family Friendly Movie



Friday Flix Series

Movies start after sunset ~ 8:30 p.m.

No need to go to the movies for an evening flick. We are bringing the movies outdoors for a free family friendly show. Bring a blanket, lawn chairs and snacks and enjoy a free outdoor movie.

Thank you to King County Parks for supporting the Friday Flix Series.

www.seatacwa.gov/SpecialEvents

 **King County**

PARKS

Your Big Backyard

Moana 2

August 1

Madrona Elementary School

The Emperor's New Groove

August 8

Bow Lake Elementary School

The Wild Robot

August 15

Riverton Heights Park



Veterans Memorial

The SeaTac Veterans Memorial pays tribute to men and women military veterans of the past and present for their service. The memorial incorporates engraved paver tiles as a lasting way to remember our loved ones who have served and is located adjacent to the SeaTac Community Center at 13735 24th Ave. South, SeaTac.

The City of SeaTac invites you to honor a loved one by purchasing one or more paver tiles. Paver tiles are 12"x12" granite tiles. The cost for each tile is \$195.00.

Deadline: Orders are always accepted; however, tiles are engraved only once per year. Order form and payment are due by July 15 to be engraved by Veteran's Day.

For information, or an order form:
www.seatacwa.gov/VeteranMemorial
 or call the SeaTac Community Center at 206.973.4680



Barks & Rec

Saturday, August 23, 3:00–6:00 PM
Grandview Off-Leash Dog Park

Bring out your furry friends for our 2nd annual Barks & Rec! There will be pet related vendors, activities for the humans and dogs to participate in, information booths such as Seattle Humane and food trucks on site to enjoy!

Dogs should be up to date on vaccines and well behaved around other dogs. People and owners are expected to be mindful of others as food and beverages may be present. Dogs need to be leashed inside the gated event space.

Interested in participating as a vendor or provide an informational booth? Email specialevents@seatacwa.gov for more information and for a copy of the application, or visit the City website.

www.seatacwa.gov/SpecialEvents



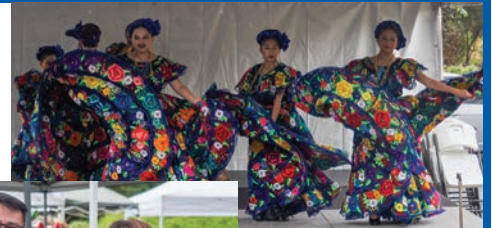
Welcoming Week 2025

Saturday, September 20, 11:00 AM–4:00 PM
SeaTac Community Center

Welcoming Week is an annual national campaign that focuses on celebrating and joining efforts to create communities that are welcoming places for all, including immigrants. This is the 2nd Annual event, in continued partnership with the International Rescue Committee and King County Library System, we will be celebrating Welcoming Week: We Are SeaTac! Join us for a day surrounded by community. The day will consist of a resource fair with organizations who work with immigrants and refugees to provide services.

Enjoy live entertainment from different cultures, bouncy houses, activities for the kids, diverse vendors, and entrepreneurs. Food from different cultures may be available for purchase. Celebrate our diverse community and join us as we connect with our neighbors!

WE ARE SEATAC!



Resources • Live Entertainment
Bouncy Houses • Activities for Kids
Diverse Vendors • Entrepreneurs

Youth Programs

THE GREAT SUMMER CAMP

For students entering 1st-5th grade

Our summer camp is packed full of organized games and exciting and educational activities that will provide your child with a safe and fun place to be this summer. Kids will engage in crafts, cooking projects, outdoor fun & more. A \$20 weekly deposit will hold your spot. Space is limited. Call for more details. Come have 10 weeks of fun!

Location: Bow Lake Elementary School

DATES	DAYS	TIME	GRADES	FEE
June 26-27 ¹	Th-F	6 a.m.-6 p.m.	1-5	\$75
June 30-July 3 ²	M-Th	6 a.m.-6 p.m.	1-5	\$120
July 7-Aug. 29	M-F	6 a.m.-6 p.m.	1-5	\$150

¹We follow the Highline School District calendar. Dates are subject to change.

²No camp on July 4th.

Deposit is non-refundable and non-transferable.

DATES	FIELD TRIP/EVENT*
June 30-July 3	Onsite visitor. No off site trip. KidsQuest Children's Museum
July 7-11	Woodland Park Zoo
July 14-18	Seattle Storm Game
July 21-25	Museum of Flight
July 28-Aug. 1	Point Defiance Zoo & Aquarium
Aug. 4-8	Tacoma Rainiers Game
Aug. 11-15	Annual Field Day
Aug. 18-22	Big Air Trampoline Park & Lea Hill Park
Aug. 25-29	Pioneer Farm

*Trips and activities are subject to change.



SEATAC’S BEFORE AND AFTER SCHOOL PROGRAM

- Registration dates for fall 2025:
- Returning students and SeaTac residents: July 22
 - New participants: July 29

You must have the most recent registration paperwork forms on file or turned in to register including the auto-pay form. You may come into the SeaTac Community Center or call to register. All registration starts at 9 AM.

Our before and after school program is packed full of organized and exciting options that will provide your child a fun and safe place to be throughout the school year. We don’t just watch your children; we engage them in recreational and educational activities that will make you feel confident that your child is safe and having a great time. Before & After School, and Early Dismissals days will be paid for on a monthly fee system. The monthly fee will be due on the 20th of the prior month and paid in full before the participant can attend. There will be no refunds for missed days. All students must be enrolled in our auto pay system or pay quarterly. Serving Bow Lake, Madrona, McMicken, and Impact Public Schools.

Location: Bow Lake Elementary, SeaTac Activity Room

Before School Only (Open at 6 a.m.)

DATES	DAY	GRADES	FEE ¹
Sept.	M–F	K–5	\$140 per month

After School Only (Close at 6 p.m.)

DATES	DAY	GRADES	FEE ¹
Sept.	M–F	K–5	\$250 per month

Before & After School (6 a.m.-6 p.m.)

DATES	DAY	GRADES	FEE ¹
Sept.	M–F	K–5	\$350 per month

¹No School Days are not included. You must register separately for no school days and break camps. Pro-rating not available.

NO SCHOOL DAYS

Schools out, but we are ‘in’. Send your child to us for a great day of games and play. We want your child to have some fun so sign up early. Campers need to bring a sack lunch.

Location: Bow Lake Elementary School, SeaTac Activity Room

DATES	DAY	TIME	GRADES	FEE
Sept. 2	T	6 a.m.–6 p.m.	K–5	\$40

■ \$40 REGISTRATION FEE

Participation in our youth program requires an annual \$40 registration fee. This fee goes from June to June. The fee includes receiving a program t-shirt that is required to be worn when we go off site on field trips. Returning youth students who do not need a new t-shirt can opt to pay a \$25 registration fee. If needed, replacement shirts are \$20. All registration fees are non-transferable and non-refundable.

■ RECREATION SCHOLARSHIP PROGRAM

This program is to provide financial assistance for recreational services to youth and teens who live in SeaTac. Please call the Parks & Recreation Department at 206-973-4680 for more information or pick up an application at the SeaTac Community Center, Bow Lake Activity Room, or download the forms from the City of SeaTac website. Scholarship forms are now available in five languages including English, Amharic, Spanish, Somali, and Vietnamese.

Connect with the City of SeaTac on social media!



Youth Sports & Recreation

Check out this new program!

TLALOKAN DANCE

Share, enjoy, and celebrate the Anahuak culture through the excitement of Tlalokan dance and music. This group will be at the SeaTac Community Center on the first and last Friday of each month teaching youth to dance. All are welcome.

Location: SeaTac Community Center

DATES	DAY	TIME	AGES	FEE
July 11–Sept. 26	F*	6–9 p.m.	4–16	\$3

*Tlalokan meets on the first and last Friday each month.

KARATE

Northwest School of Karate practices Hayashi-Ha Shito-Ryu karate. The classes are open to men, women, and children aged five and above. The Northwest School of Karate is for anyone who is interested in improving their quality of life through exercise, in an atmosphere based on respect and fun.

Instructor: Sensei Greg Sommers-Herivel

Location: SeaTac Community Center

DATES	DAY	TIME	AGES	FEE
July 1–31	T/Th	5:30–6:30 p.m.	5+	\$65
Aug. 5–28	T/Th	5:30–6:30 p.m.	5+	\$65
Sept. 2–30	T/Th	5:30–6:30 p.m.	5+	\$65

RAPIER SWORD COMBAT

Learn the centuries-old art of rapier combat. Develop the skills and discipline necessary to compete in the forms of single sword, sword and dagger, and more. Limit of 10 participants.

Instructor: Jason Prendergast

Location: SeaTac Community Center, Room 105

DATES (CLASSES)	DAY	TIME	AGE	FEE
July 3–Sept. 25 (13)*	Th	7–9 p.m.	10+	\$50

SEATAC BMX PROGRAM (6 WEEK SESSION)

NEW

Registration Opens:

Residents ~ June 2

Non-Residents ~ June 9

In BMX, no one sits on the bench! We're excited to partner with SeaTac BMX for a hands-on youth program focused on building confidence and bike skills. This engaging program teaches essential skills from bike riding basics on the track to performing introductory bike mechanics. Learn how to change a flat tire and gain an understanding how your bike works, from the ground up. No bike riding experience needed. You just need curiosity and a willingness to learn. It's the perfect opportunity for young minds to get comfortable with bikes, teamwork, and riding in a supportive, fun environment. Yearly USA BMX membership of \$80 is required and scholarships are available through SeaTac BMX to help cover this membership fee. This annual fee is in additional to the class fee.



DATES	DAYS	TIME	GRADES	FEE
July 8–Aug. 12	T	2:30–4:30 p.m.	1–8	\$25
Sept. 17–Oct. 22	W	3:45–5:45 p.m.	1–8	\$25



Teen Programs

TNT (TWEEN & TEEN) SUMMER CAMP

For students entering 6–9th grade.

Our TnT Summer Camp is going to be overflowing with fun, active trips and activities to make this a summer to remember. TnT camp goes off site most days. Some days we will do bigger trips, like Nerf Tag, visit a trampoline park or a baseball game. Some days, we may go hiking or go to a local park for games or swimming, or we might stay at Valley Ridge for cooking and crafts. A \$20 weekly deposit will hold your spot. Space is limited. Call for more details. Each day will explode with new activities and adventures!

DATES	DAYS	TIME	GRADES	FEE
June 30–July 3*	M–F	7:30 a.m.–6 p.m.	6–9	\$100
July 7–Aug. 29	M–F	7:30 a.m.–6 p.m.	6–9	\$125

*No camp on July 4th.

Deposit is non-refundable and non-transferable.

DATES	FIELD TRIP/EVENT*
June 30–July 3	Pinball Museum
July 7–11	Family Fun Center
July 14–18	Seattle Storm Game
July 21–25	Gotcha
July 28–Aug. 1	Woodland Park Zoo
Aug. 4–8	Maeve Chocolate Tour
Aug. 11–15	Annual Field Day
Aug. 18–22	Seattle Underground Tour
Aug. 25–29	Catapult Trampoline Park

*Trips and activities are subject to change.

EXTENDED CARE FOR TNT SUMMER CAMP

(Before Camp)

We are offering extended care options for participants of our TnT Summer Camp. This will be held at Bow Lake Elementary, in conjunction with our Youth Summer Camp. Teens must sign up for the entire week and must follow youth camp policies while on site. (Sorry no phones or electronics.)

DATES	DAYS	TIME	GRADES	FEE
June 30–July 3*	M–F	6–7:30 a.m.	6–9	\$20
July 7–Aug. 29	M–F	6–7:30 a.m.	6–9	\$25

*No camp on July 4th.

Check out this new program!

TLALOKAN DANCE

Share, enjoy, and celebrate the Anahuak culture through the excitement of Tlalokan dance and music. This group will be at the SeaTac Community Center on the first and last Friday of each month teaching youth to dance. All are welcome.

Location: SeaTac Community Center

DATES	DAY	TIME	AGES	FEE
July 11–Sept. 26	F*	6–9 PM	4–16	\$3

*Tlalokan meets on the first and last Friday each month.

RECREATION SCHOLARSHIP PROGRAM

This program is to provide financial assistance to teen residents of SeaTac for recreational classes and camp activities. Please call us at 206-973-4680 for more information. Scholarship forms are now available in five languages including English, Amharic, Spanish, Somali, and Vietnamese.

HOW OLD ARE YOU?

Teen Programs are for students in grades 6–12. Student ID is required for most activities. Call the Teen Program at 206-973-4680 for more information.

OTHER CLASSES AVAILABLE TO TEENS

Total Body Fitness, Rapier Sword, Karate, Yoga

Check specific class information for requirements.

Connect with the City of SeaTac on social media!





TEEN CENTER

Returning This Fall – The Teen Center will be open 5 days a week!

Teens, join us to celebrate on Friday, September 12th at Valley Ridge Community Center!

Our Teen Center offers something for everyone! Whether you're hanging out with friends, grabbing a snack, or diving into a game of PlayStation, foosball, ping pong, or board games, there's always something exciting to do. Need to catch up on homework? We've got you covered. Plus, enjoy special activities like crafts, cooking projects, and friendly competitions.

The Teen Center will open five days a week starting on May 27. The last day of the teen center will be Wednesday, June 18. For more information call the SeaTac Community Center at 206-973-4680.

Location: Valley Ridge Community Center/Teen Center

DATES	DAY	TIME	GRADES	FEE
Ongoing	W	Afterschool-5 p.m.	6-12	Free
Ongoing	F	Afterschool-4 p.m.	6-12	Free
May 27-June 18	M-F	Afterschool-5 p.m.*	6-12	Free
M-F (in Sept.)	M-F	Afterschool-5 p.m.*	6-12	Free

*Teen center closes at 4 p.m. on Fridays.

SEATAC BMX PROGRAM (6 WEEK SESSION)

NEW

Registration Opens:

Residents ~ June 2

Non-Residents ~ June 9

In BMX, no one sits on the bench! We're excited to partner with SeaTac BMX for a hands-on youth program focused on building confidence and bike skills. This engaging program teaches essential skills from bike riding basics on the track to performing introductory bike mechanics. Learn how to change a flat tire and gain an understanding how your bike works, from the ground up. No bike riding experience needed. You just need curiosity and a willingness to learn. It's the perfect opportunity for young minds to get comfortable with bikes, teamwork, and riding in a supportive, fun environment. Yearly USA BMX membership of \$80 is required and scholarships are available through SeaTac BMX to help cover this membership fee. This annual fee is in additional to the class fee.



DATES	DAYS	TIME	GRADES	FEE
July 8-Aug. 12	T	2:30-4:30 p.m.	1-8	\$25
Sept. 17-Oct. 22	W	3:45-5:45 p.m.	1-8	\$25



Adult Fitness & Sports

TOTAL BODY FITNESS

Join the fun of working all your major muscle groups for toning and strengthening, plus get in your cardio workout all in one hour. Set for every age and fitness level, you'll experience invigorating music with easy to follow choreography. The class uses a variety of equipment and athletic moves to help improve your overall fitness and requires minimal coordination or experience.

Instructor: Teresa Kuzmer

Location: SeaTac Community Center, Gymnasium

DATES (CLASSES)	DAY	TIME	AGES	FEE
July 1–Sept. 30 (27)*	T/Th	5:30–6:30 p.m.	16+	\$84

HATHA YOGA

The consistent practice of Hatha Yoga's various disciplines, combined with meditation will add clarity, vitality, and focus to your life. The postures (asanas) and deep breathing (pranayams) in yoga help to combat stress, strain, and fatigue. Students are encouraged to bring their own mats and a small blanket.

Instructor: Sandra Gomez

Location: SeaTac Community Center

DATES (CLASSES)	DAY	TIME	AGES	FEE
July 2–Sept. 24 (13)	W	6–7:30 PM	16+	See below

Punch Pass Options (Hatha Yoga)

10 visits~\$70 (Good for 6 months from date of purchase)

Single class drop-in fee~\$8

FITNESS MAXIMIZER

If you are enrolled in Pickleball (leagues only), Total Body Fitness, Yoga, Rapier or Karate and you are over the age of 18, you may purchase a fitness maximizer for use of the weight room. The pass is good for 30 days. Fee: \$10

Check out this new program!

OPEN STRETCHING TIME

Room 106 at the SeaTac Community Center will be open during select times each week for multipurpose activities such as stretching and yoga. Stretching room hours will be included in the price of admission and membership to the weight room. \$6 per session.

Location: SeaTac Community Center

DATES	DAY	TIME	AGES	FEE
July 1–Sept. 30	T/W/Th	8:30–10:30 AM	18+	\$6
	M/F	4:30–6:30 PM	18+	\$6



Register online!



KARATE

Northwest School of Karate practices Hayashi-Ha Shito-Ryu karate. The classes are open to men, women, and children aged five and above. The Northwest School of Karate is for anyone who is interested in improving their quality of life through exercise, in an atmosphere based on respect and fun.

Instructor: Sensei Greg Sommers-Herivel

Location: SeaTac Community Center

DATES	DAY	TIME	AGES	FEE
July 1–31	T/Th	5:30–6:30 p.m.	5+	\$65
Aug. 5–28	T/Th	5:30–6:30 p.m.	5+	\$65
Sept. 2–30	T/Th	5:30–6:30 p.m.	5+	\$65

RAPIER SWORD COMBAT

Learn the centuries-old art of rapier combat. Develop the skills and discipline necessary to compete in the forms of single sword, sword and dagger, and more. Limit of 10 participants.

Instructor: Jason Prendergast

Location: SeaTac Community Center, Room 105

DATES (CLASSES)	DAY	TIME	AGE	FEE
July 3–Sept. 25 (13)*	Th	7–9 p.m.	10+	\$50

PICKLEBALL INSTRUCTION

If you are interested in individual or instructions, please contact Tom Grubb or Greg DiMarco directly to set up a training time.

NW PICKLEBALL TRAINING - TOM GRUBB

Instructor Tom Grubb: NWPBtrain@gmail.com

Training is available for group or individuals. Tom is an IPTPA Certified Trainer who has specialized training for beginners, advanced beginners, and 4.0–4.5 rated players. Contact Tom to arrange a time.

PICKLEBALL INSTRUCTOR - GREG DI MARCO

Instructor Greg Di Marco: gregdimarco@yahoo.com

Greg is a IPTPA certified instructor who offers both individual and small group lessons. Teaching skill levels from beginner to 4.5 Contact Greg to arrange a lesson. Play smarter!

Adult Recreation

INDOOR AIR SHOW (INDOOR FLYERS)

Fridays • 10 a.m.–Noon

Every Friday, a group of young dare devils (very loose interpretation) take to the skies with their flying machines (in our gym, with RC electric airplanes). If you are interested in joining them, bring your flying machine (RC electric airplane).
\$2.75 plus tax for young at heart daredevils 55 & older.
\$3.75 plus tax for everyone else (under 55).

These reckless aviators perform amazing, heart stopping stunts that thrill their audiences. Spectators are always welcome, and it's free to watch them perform!



GYM DROP-IN ACTIVITIES

Indoor Flying Time

Friday 10 a.m.–Noon

Pickleball/Badminton

Monday & Friday..... 12:30–2:30 p.m.*
Tuesday 8:30 a.m.–2:30 p.m.*
Wednesday 10 a.m.–2:30 p.m.*
Friday..... 12–2:30 p.m.*

Badminton

Saturday..... 8:30 a.m.–1 p.m.

Pickleball

Friday..... 5–9 p.m.

** Pickleball and badminton hours are subject to change. Please call to confirm.*

DROP-IN ACTIVITY FEES - SALES TAX WILL BE ADDED TO THE FEES BELOW.

ACTIVITY	ADULT	SENIOR ²
Open Badminton	\$3	\$3
Open Badminton (Saturdays)	\$5	\$5
Open Pickleball	\$3	\$3
Open Pickleball (Fri. evenings)	\$6	\$6
Indoor Flying	\$3.75	\$2.75

²Senior citizen must be at least 55-years old.

Connect with the City of SeaTac on social media!



Senior Programs

■ Location

SeaTac Senior Program
13735 24th Ave. S., SeaTac

■ Phone Numbers

206-973-4690—Senior Desk
206-973-4680—SeaTac Community Center

■ Hours of Operation

Monday–Friday, 8:30 a.m.–4 p.m.

STAY UP TO DATE

Email – To join our email list, just send an email with the subject “SUBSCRIBE” to aoliverson@seatacwa.gov. You’ll receive our monthly digital newsletter and other occasional updates.

Website – You can always find up-to-date information, newsletters, and menus at <https://www.seatacwa.gov/senior-program>

OTHER TRANSPORTATION OPTIONS

HYDE SHUTTLE

SeaTac/Tukwila - This shuttle service will provide transportation throughout all of SeaTac, Tukwila and to St. Anne’s Hospital in Burien.

To make a reservation, call the Hyde Shuttle at 206-727-6262, no later than noon, three days before your ride. Rides are free but donations are welcome. Neither shuttle provides rides to SeaTac Airport.

ACCESS TRANSPORTATION

Access transportation with King County Metro is a door-to-door service. For questions, please call 206-263-3113.

SENIOR MEALS

MEALS ON WHEELS

The City of SeaTac contracts with Sound Generations to provide Meals on Wheels to eligible persons living in SeaTac who are homebound and 60+ years of age. For more information, call Sound Generations Meals on Wheels at 206-448-5767.

SENIOR CONGREGATE LUNCH PROGRAM

Meals are served Tuesday through Friday at 11:45 AM. The cost for lunch is a suggested donation of \$5 for those 60 and over; the cost is \$7 for those under 60. For information, or to request transportation, call 206-973-4690.

We are happy to announce that Green Sprouts is our new Congregate Lunch provider. The meals are prepared off-site and delivered hot and ready to serve. The meal will include an entrée, salad, side veggie, fresh fruit, and dessert. There are opportunities for gluten free and vegan substitutes, but we must have advance notice of 24 hours to plan with Green Sprouts. You are welcome to call 206-973-4690 and to order a substitute meal.

This program is supported by grant funds from the King County Veterans, Seniors, and Human Services Levy.

MEALS ON WHEELS PROGRAM (VOLUNTEERS NEEDED)

The Meals on Wheels program transitioned from the Senior Program to Human Services with support from Sound Generations. Sound Generations is looking for volunteers to support this program. The volunteers needed for Meals on Wheels are as follows: Co-Volunteer Coordinator, drivers and back up drivers, meal packers and callers. Volunteer hours will be available on Mondays mid-day. For more information regarding volunteering or about the program, please call Sound Generations at 206-448-5767 or email mealsonwheels@soundgenerations.org.

SERVICES

FREE LEGAL ADVICE

Mary Henderson, attorney at law, will be here once a month to answer legal questions for seniors. These include issues regarding wills, Power of Attorney, Elder Law, landlord-tenant issues and the Vulnerable Adult Protective Act. Thirty-minute appointments are available on the first Thursday of each month, between 1–3 p.m. Call 206-973-4680 to make an appointment.

Upcoming Dates: July 3 and Sept. 4.

SENIOR HEALTH BENEFITS ADVISOR (SHIBA)

Our Statewide Health Insurance Benefits Advisory (SHIBA) Volunteer is available to help with unbiased information about options for health insurance and related matters. In-person meetings are available on the third Thursday of each month. Call 206-973-4680 to make an appointment or for information. Upcoming Dates: July 17, Aug. 21, and Sept. 18

FOOT CARE SERVICES

Foot Care services with Pam Ferguson, RN. Cost is \$40. By appointment only at 206-973-4690.

SENIOR MASSAGE WITH LITA ARTIS, MA LMP

Enjoy a relaxing and therapeutic chair massage. Lita is here on the fourth Tuesday of each month. Make your appointment at the senior desk or call 206-973-4680. The cost of the appointment is \$35 for 30 minutes.

Upcoming Dates: July 22, Aug. 26, and Sept. 23

YOU MAY BE ELIGIBLE FOR A PROPERTY TAX REDUCTION

Your qualification for a property tax exemption is based on your ownership, occupancy, age, and income for the preceding year. To apply for this program, apply online at taxrelief.kingcounty.gov any time. For more information or assistance with your online application, you can email exemptions.assessments@kingcounty.gov or call King County at 206-296-3920. You can also call the SeaTac Senior Program at 206-973-4690 for more information.

TECH SUPPORT FOR SENIORS WITH SMART PHONES AND TABLETS

Larence Wawro will provide one-on-one technical support for seniors who need assistance with their smart phones and tablets. There are 15-minute appointments available, call 206-973-4680.

DATE	DAY	TIME	AGES	FEE
July 11	F	11 a.m.	55+	Free
Aug. 8	F	11 a.m.	55+	Free
Sept. 12	F	11 a.m.	55+	Free

AGING TODAY: NAVIGATING SENIOR HEALTHCARE & HOUSING

Presented by: Shane Fowler, General Manager of Merrill Gardens of Tukwila.

Aging Today: Navigating Senior Healthcare and Housing is a comprehensive guide designed to assist older adults and their families in understanding the complex landscape of senior care and housing options. This resource delves into various aspects, including Healthcare Navigation, Housing Choices, Financial Planning, and Legal Considerations. By providing clear, practical information, this guide empowers seniors and their caregivers to make informed decisions, ensuring a higher quality of life and peace of mind as they navigate the challenges of aging. We welcome you to invite your children, other family members, and/or caregivers to attend. It is always good to make informed decisions rather than decisions made in a crisis. Please register for this class by calling 206.973.4680.

DATE	DAY	TIME	AGES	FEE
July 30	W	12:30 p.m.	55+	None

Connect with the City of SeaTac on social media!



NEWCOMER'S SOCIAL HOUR

We understand that starting something new can be a little bit nerve wracking. That's why we've started our Newcomer's Social Hour, meeting on the first Friday of each month. It's a great opportunity to learn about our programs, meet other seniors and staff, ask questions, and have a good time! We always have a fun game to play and some delicious goodies to share. We'd love for you to join us!

DATE	DAY	TIME	AGES	FEE
Monthly*	1st Friday	10–11 a.m.	55+	Free

*No newcomers social in July.

SUMMERTIME BOTANICAL WALK WITH ARBORIST ELBY JONES

Join SeaTac's new Urban Forester, Elby Jones, on a walk to discover the diverse plant life living right here in our own backyard. Elby will lead an easy walk in North SeaTac Park, teaching and answering questions about the plants and trees you encounter. The group will meet in the Senior Program lobby at 8:45 a.m. and walk with Elby for about an hour. There is no charge to attend, but please register so we know how many people to expect. Register by calling 206-973-4680.

DATE	DAY	TIME	AGES	FEE
July 29	T	8:45 a.m.	55+	Free

SUMMER LINE DANCE PARTY WITH SUZANNE SIMMONS

Suzanne will lead a Soul Line Dance Party in the Banquet Room at the SeaTac Community Center. There will be music, dancing, snacks and a lot of laughs and fun. The party is open to Seniors 55 years and older and dancers of all levels are welcome! Please register in advance due to the limited room space. To register, please call 206-973-4680. Don't forget to bring your comfortable dancing shoes. Happy dancing! This class is supported by VSHS Levy Grant by King County.

DATE	DAY	TIME	AGES	FEE
July 25	F	1:30–3:30 p.m.	55+	Free

SENIOR BBQ AT ANGLE LAKE PARK

This annual event is filled with good music from CC Engel, fun dancing, good food and friends. We will have hot dogs, hamburgers, chips, bottled water, and dessert to celebrate a nice summer day in the park. The music begins at 10:30 a.m. and the BBQ will start at 11:15 a.m. Shuttle service in the senior van will be available for the senior program parking lot starting at 9:30 a.m. Please make sure to call for reservations for both lunch and shuttle service, 206.973.4680. Deadline for registration is Tuesday, July 8. We will also have lawn games like corn hole and much more available to play at the park.

DATE	DAY	TIME	AGES
July 11	F	10:30 a.m.–12:30 p.m.	55+



SENIOR BOOK CLUB

The Senior Book Club will meet every third Tuesday of each month at 10:30 a.m. Books for upcoming meetings will be selected by the Book Club participants. Please call 206-973-4690 to get more information or to make book club suggestions.

- July 15 ~ *“The Book of Lost Friends”* by Lisa Wingate
- August 19 ~ To be determined.
- September 16 ~ To be determined.

CREATIVE WRITING GROUP

Larence Wawro, the Adult Services Librarian at the Valley View & Des Moines Libraries, leads our writing group. It meets on the second Friday of every month. There are opportunities to share what you have written with other participants in the group as well as time to work on your writing and create more substance for your project. For more information, please call the Senior Desk at 206-973-4690.

DATE	DAY	TIME	AGES	FEE
See below*	F	10–11 a.m.	55+	Free
*July 11, Aug. 8, and Sept. 12.				

DROP-IN ACTIVITIES

Our drop-in groups are open to all levels of players. Newcomers welcome!

Bridge

Monday, 1–3 p.m.
Wednesday (1st & 3rd), Noon–3 p.m.
Fridays, 1–3 p.m.

Bunko

Fridays, (3rd), 12:30–2 p.m.

Crafts

Tuesdays (1st & 3rd), 12:30–2 p.m. (\$7)

Canasta

Tuesdays, 12:30 p.m.

Pinochle

Thursdays, Noon–3 p.m.

Wii Games

Fridays, 10 a.m.

Don’t see an activity that interests you? Let us know what you are looking for. We are always open to new ideas for drop-in activities.

SENIOR FITNESS & FUN

CREATIVE MOVEMENT WITH TERESA CASTILLO

Experienced fitness instructor Teresa Castillo will bring her good energy and positive attitude to this fun Creative Movement class. Using a wide variety of techniques, including balance and core exercises, yoga movements, Tai Chi, Pilates and mat work, light weights, and resistance training, Teresa will help you build and strengthen your daily practice for functionality, longevity, and connection. Plus she will share some healthy snack suggestions too. **Class is free, but registration is required.**

This program is supported by grant funds from the King County Veterans, Seniors, and Human Services Levy.

DATE	DAY	TIME	AGES	FEE
July 1–Sept. 30	T	3 p.m.	55+	None

SENIORS WORKING OUT CLASS

The gym is currently open for exercise and walking on Mondays, Wednesdays and Fridays. This self-directed group walks and incorporates a variety of stretching and strengthening techniques. New participants are welcome to join any time.

DATE	DAY	TIME	AGES	FEE
Ongoing	M,W,F	8:30–9:30 a.m.	55+	None

ZUMBA GOLD WITH GABRIELA VELAQUEZ

Join Gabriela and her wonderful high energy and great music for a walk-in Zumba Gold class. This class is geared towards all abilities, and you can be a beginner or an advanced Zumba participant. You can do class sitting in a chair as well. This class is free and available to King County residents 55 and older. Come join in the fun and get some exercise. This class is supported by VSHS Levy Grant by King County.

DATE	DAY	TIME	AGES	FEE
July 3–Sept. 25	Th	10 a.m.	55+	None

FITNESS ROOM

The SeaTac Community Center has a fully equipped weight room with cardio equipment, weight machines, free weights, and a variety of other equipment.

Monthly Pass: Senior – \$20*

* Sales tax (10.2%) will be added to the cost of fitness room passes.

RESIDENT FITNESS ROOM PASS

SeaTac residents age 55 and over are eligible for a free pass to work out on Tuesday and Thursday mornings from 9–11 a.m. To obtain a pass, visit the community center front desk with a current photo ID and recent utility bill (to verify residency).



SENIOR TRIPS

Trip registration for SeaTac residents opens Tuesday, June 10. General registration opens Wednesday, June 11.

- Participants are limited to four trips during the first two days of registration. You are welcome to register for additional trips after this time if space allows.
- Trips are subject to change. We will notify participants of changes as soon as possible, and will send a reminder by phone call and text message a few days prior to the trip to confirm details.

■ Trip Registration Policy

- Full payment is required upon trip enrollment. We accept credit/debit cards and checks, no cash.
- Registration may be done in person at the community center or by phone at 206-973-4680.
- Individuals who require special accommodations should notify staff at time of registration. For questions please call 206-973-4683.

■ Trip Cancellations

If you are unable to attend a trip, please let us know as early as possible so we can offer your seat to another interested senior. For most trips, cancellations made up to two days in advance will receive a full refund or credit, minus a \$5 processing fee. For ticketed events, we are unable to issue a refund/credit regardless of notice given, unless someone else buys your ticket.

■ Wait Lists

Our trips often fill quickly. We recommend getting on the wait list if a trip is full. We do our best to make it possible for all interested to attend and sometimes we can add another van or trip date. If you're not on the waitlist, we don't know you are interested.

■ Trip Pickups

All participants will need to arrange their own transportation to and from the SeaTac Community Center for trips. We encourage participants without transportation to work with Metro ACCESS, the Hyde Shuttle, or contact staff for assistance.

■ Activity Levels

Easy: No extended periods of walking or standing. Suitable for walkers and wheelchairs.

Moderate: Some periods of standing and/or walking (less than one mile), paved or mostly even terrain, generally suitable for walkers with wheels.

Challenging: Long periods of standing or walking and/or uneven terrain. Not suitable for walkers.

If you have any questions about whether or not a trip is right for you, please don't hesitate to contact Senior Program Staff at 206-973-4690.

■ State Sales Tax

There will be sales tax (currently 10.2%) on all senior trips involving admission to events, prepaid dining, sightseeing and shows. Nontaxable trips are trips where we only provide transportation.



WALKING WITH NINA

Time to get out for some sunshine! Nina's walking trips are back for summer. On the second and fourth Tuesdays we will venture out to local parks for a beautiful springtime walk. We will meet at the SeaTac Community Center at 8:45 a.m. and ride the van to the park, returning by approximately 11:30 a.m. Cost of each individual walk is \$7. Please wear good walking shoes, sunscreen, layer your clothes and bring a bottle of water. This activity may be cancelled at short notice due to heat or weather conditions. Location is subject to change.

July 8 – Honey Creek Trail, \$7

July 22 - Seahurst Beach, \$7

Aug. 12 – Alki Beach, \$7

Aug. 26 – Lincoln Park, \$7

Sept. 9 – Cedar River Trail, \$7

Sept. 23 – Des Moines Creek Trail, \$7



BALLARD LOCKS PICNIC AND TOUR

Join us for a classic Seattle summer day with a visit to the historic Ballard Locks. We'll enjoy a relaxing picnic lunch, stroll through the beautifully landscaped Carl S. English Jr. Botanical Garden and take a guided tour of the locks. Learn about this engineering marvel, watch boats pass between the Puget Sound and Lake Union, and maybe see some early salmon making their seasonal journey upstream. It's a unique blend of nature, history, engineering, and local charm. Bring your own picnic lunch and we'll bring a yummy treat to share.

Activity Level: Moderate

DATE	DAY	TIME	AGES	FEE
July 7	M	10 a.m.–3:30 p.m.	55+	\$12

"THE THINGS THEY BROUGHT HOME" AT THE WASHINGTON STATE HISTORY MUSEUM

Take a meaningful journey through history with a visit to the Washington State History Museum's powerful new exhibit, The Things They Brought Home. This moving collection shares the personal artifacts and stories of Washington Vietnam War veterans and their families. Gain insight into the impact of war, memory, and homecoming while exploring beautifully curated displays. We will have time for a self-guided tour of this exhibit as well as the rest of the museum. After the museum, we'll have lunch at McMenamins' Tacoma Elks Temple. Lunch is on your own.

This trip is offered free of charge to our honored veterans and a companion of their choice through funding from the King County Veterans, Seniors, and Human Services Levy. Please be advised that the exhibit contains content related to personal wartime experiences. Some material may evoke strong emotional responses, especially for those affected by combat or military service. Please take care in deciding if this trip is right for you.

Activity Level: Moderate

DATE	DAY	TIME	AGES	FEE
July 25	F	9 a.m. –3 p.m.	55+	\$21*

*Free to military veterans.

NORTHWEST TREK “GRANDPARENTS” TRIP

Experience the wild side of the Pacific Northwest with a special intergenerational outing to Northwest Trek. Seniors are invited to bring up to two children (age 6 or older) for a fun-filled day exploring native wildlife in a stunning natural setting. We'll enjoy a ride on the new electric tram through forests and meadows filled with free roaming bison, elk, moose, and more. Wolves, owls, and bears are just a few more of the animals you'll get to see up close in the habitat exhibit areas. Northwest Trek is exciting fun for all ages and a perfect way to make memories across generations. Seniors are welcome to attend this trip with or without an accompanying child. For those who do wish to bring children, please remember that although our staff is happy to assist, you will be solely responsible for supervising the child for the duration of the trip. A liability waiver signed by parent or guardian is required for each child attending.

Activity Level: Moderate. There will be a lot of walking. Northwest Trek is ADA accessible.

DATE	DAY	TIME	AGES	FEE
July 28	M	8:15 a.m.–4 p.m.	55+	\$31 Seniors
			6–17	\$25 Youth

MARY POPPINS AT TACOMA MUSICAL PLAYHOUSE

It's our last theatre trip of the season and one that's sure to be a real crowd-pleaser. Enjoy the infectious charm and classic music of Mary Poppins at Tacoma Musical Playhouse. From “A Spoonful of Sugar” to “Supercalifragilisticexpialidocious,” this high-energy production is sure to have you tapping your toes and singing along with the world's most famous nanny. Rumor has it, there will even be a gravity-defying dance number.

Activity Level: Easy

DATE	DAY	TIME	AGES	FEE
Aug. 3	Su	12:30–5:30 p.m.	55+	\$42

DIABLO LAKE & LUNCH TOUR

Breathtaking views await on this historic tour of Diablo Lake in the heart of the North Cascades. We'll head out early for a scenic drive through the mountains in a comfortable motorcoach, then cruise the glacier-fed waters of this brilliant turquoise lake by boat. As we cruise we'll learn about the natural and cultural history of the region, particularly the history of the Skagit River Hydroelectric Project. Surrounded by majestic peaks and forests, this is one of Washington's most stunning destinations. After our cruise we'll enjoy a delicious locally-sourced lunch at the beautiful Environment Learning Center and make a stop in historic Newhalem. All expenses are included in your fee; motorcoach transportation, boat tour, and lunch.

Activity Level: Challenging. There will be a moderate amount of walking and this will be a very long day.

DATE	DAY	TIME	AGES	FEE
Aug. 15	F	7 a.m.–6:30 p.m.	55+	\$116

WASHINGTON STATE GARLIC FESTIVAL

Celebrate all things garlicky at the charming Washington State Garlic Festival! Sample everything from garlic fries to garlic ice cream and shop from artisan vendors and garlic growers. This fun and flavorful event, held at the Southwest Washington Fairgrounds in Centralia, showcases the hard work and creativity of local farmers, chefs, and crafters. It's sure to be a deliciously good time.

Activity Level: Moderate.

DATE	DAY	TIME	AGES	FEE
Aug. 22	F	9 a.m.–4 p.m.	55+	\$18

EVERGREEN STATE FAIR

Nothing says summer like the Evergreen State Fair. With classic fair food, live animals, exciting exhibits, and that unmistakable smell of kettle corn in the air, there's something for everyone. Visit the agricultural displays, catch a performance, or just soak in the festive atmosphere. Whether you come for the rides or the ribbon-winning pies, this beloved tradition is always a highlight of the season.

Activity Level: Moderate

DATE	DAY	TIME	AGES	FEE
Aug. 25	M	9:30 a.m.–5 p.m.	55+	\$16

A DAY OUT IN POULSBO

Step into “Little Norway” with a charming day trip to Poulsbo, nestled on the shores of Liberty Bay. This picturesque waterfront town is full of Scandinavian heritage, cozy shops and boutiques, and colorful murals. Stroll along the waterfront park, sample fresh pastries from the famous Sluy's Bakery, and soak in the small-town charm. Then relax and enjoy the view on a ferry ride back to Seattle. Lunch will be on your own in Poulsbo from a restaurant of your choice.

Activity Level: Moderate

DATE	DAY	TIME	AGES	FEE
Sept. 8	M	9 a.m.–5 p.m.	55+	\$20

SNOQUALMIE FALLS & THE DAHLIA BARN

We'll ramble the back roads for a scenic country drive on our way to breathtaking Snoqualmie Falls, where you can feel the mist and hear the roar of one of Washington's most iconic natural wonders. After taking in the splendor of the falls we'll enjoy lunch at Mt. Si Golf Course, then we'll head to The Dahlia Barn, a working flower farm with a show garden packed with vibrant dahlias in full bloom. Stroll among the rows, find unique new varieties, and maybe even bring a bouquet home.

Activity Level: Moderate

DATE	DAY	TIME	AGES	FEE
Sept. 15	M	9 a.m.–4:30 p.m.	55+	\$12

OLYMPIA FARMERS MARKET AND LATTIN'S CIDER MILL

Celebrate harvest time with a trip to one of Western Washington's best farmers markets and the famous Lattin's Country Cider Mill. We'll start our day browsing the vibrant Olympia Farmers Market, filled with fresh produce, handmade goods, local art, and more. Grab lunch at the market before we head to Lattin's Cider Mill, a beloved family-run farm known for its award-winning fresh cider, delicious baked treats, and friendly farm animals. Enjoy the flavors of fall and the charm of country life all in one delightful outing!

Activity Level: Moderate

DATE	DAY	TIME	AGES	FEE
Sept. 19	F	8:45 a.m.–4 p.m.	55+	\$12

MUSEUM OF GLASS TEA & TOUR

Enjoy an afternoon of art and creativity with a guided tour of the stunning Museum of Glass in Tacoma. We'll start with lunch at The Ram on the Ruston Way waterfront, then head to the museum where we'll explore the mesmerizing galleries of contemporary glass art and visit the Hot Shop to watch live glassblowing in action. After our tour, we'll unwind with tea and cookies and unleash our creativity with an art project in the museum's Education Studio.

Activity Level: Moderate

DATE	DAY	TIME	AGES	FEE
Sept. 26	F	10:15 a.m.–4 p.m.	55+	\$23

Registration Information

CONTACT US:

SeaTac Parks and Recreation Department

SeaTac Community Center: 206-973-4680 (facility & picnic shelter rentals)

13735 24th Ave. S., SeaTac, WA 98168

Senior Program: 206-973-4690

Parks Administration: 206-973-4670

Parks Operations: 206-973-4770 (sport field rentals)

Website: www.seatacwa.gov/parks

ONLINE REGISTRATION

Online registration available at
<https://secure.rec1.com/WA/city-of-seatac>.

Register online!



BY MAIL

Send form and payment to:
SeaTac Community Center
13735 24th Ave. S., SeaTac, WA 98168

Registration form can be found online at: <http://www.seatacwa.gov/ParksRegistrationForm>

WALK IN

Open for walk-in registration during regular business hours at SeaTac Community Center.

REGISTRATION

Registration will be on a first-come, first-served basis. Please register early before classes are filled. Classes with insufficient number of registrants will be cancelled. Decisions to cancel classes will be made one week prior to the start of class.

Mail-in registrants are advised to call to confirm that your registration has been received. Your cancelled check is your receipt. If the class has been filled prior to receiving your registration form, we will call you. Be sure to provide a daytime phone number on the registration form.

Payment must be made at the time of registration. Make checks payable to "City of SeaTac." MasterCard and Visa are accepted. No cash accepted at this time. Participants under 18-years-of-age must have parental consent.

■ Non-Discrimination Policy

The City of SeaTac does not discriminate on the basis of race, sex, color, religion, national origin, age, disability, or veteran status in the provision of services, in programs or activities, or employment opportunities and benefits. Inquiries concerning the Americans With Disabilities Act of 1990, and requests for reasonable accommodation should be directed to City Hall 206.973.4800. Mail in inquiries should be directed to: City of SeaTac, Human Resources Department, 4800 S. 188th St., SeaTac, WA 98188.

■ Satisfaction Guaranteed

At the City of SeaTac Parks and Recreation Department, we are committed to providing the public with high-quality recreation programs. Our residents and patrons are important to us and we feel they deserve quality at all times. We are so confident that our recreation classes are high-quality that we are backing them with a Satisfaction Guaranteed Policy. If you are not satisfied, you can repeat that class at no charge, receive full credit that can be applied to any recreation class, or receive a full refund. Refund requests must be made within five business days of last class. This policy DOES NOT apply to excursions, adult sport leagues, preschool, camps and special events.

■ Inclement Weather

During a severe weather event, our programs and/or the SeaTac Community Center may close. If you are unsure about the weather, please call to confirm your activity.

■ Retail Sales Taxes

Retail sales tax will be added to applicable recreation programs.

■ Refunds

You will receive a 100% refund if insufficient enrollment forces the cancellation of a class. Allow approximately three weeks for refund if enrollment fee was paid by check, cash or money order.

Classes cancelled due to inclement weather, or instructor cancellation will result in a credit to your family account.

Refunds for medical reasons will be pro-rated, if written verification from medical personnel is provided.

■ Cancellations

In case of bad weather in which games or activities may be cancelled, participants or team representatives may call the Parks and Recreation Department at 206.973.4680. Weather dependent cancellation decisions are made two to three hours prior to activity.

Cancellation decisions for specific programs are made one week prior to the start of the first class. Cancellations by registrants beyond this date will not be accepted.

Cancellation of specific programs may be necessary due to insufficient enrollment. The staff reserves the right to consolidate, postpone, reschedule or cancel any program due to lack of enrollment.

■ Photos of Participants

Occasionally, City of SeaTac staff takes photos and/or video during our programs. If you wish not to have yours or your children's photo/video taken in conjunction with our programs, please notify any recreation staff member or your class instructor. Photos/video taken during Parks & Recreation activities are used in the promotion of future City programs.

SeaTac Community Center

SEATAC COMMUNITY CENTER HOURS

Monday–Friday.....8:30 a.m.–9 p.m.
 Saturday.....8:30 a.m.–1 p.m.
 Sunday.....Closed

SENIOR CENTER HOURS

Monday-Friday 8:30 a.m.–4 p.m.

HOLIDAY CLOSURES

May 26.....Memorial Day
 June 19.....Juneteenth
 July 4.....Independence Day
 September 1.....Labor Day

DROP-IN ACTIVITY FEES - SALES TAX WILL BE ADDED TO THE FEES BELOW.

ACTIVITY	ADULT	SENIOR ²
Open Badminton	\$3	\$3
Open Badminton (Saturdays)	\$5	\$5
Open Pickleball	\$3	\$3
Open Pickleball (Fri. evenings)	\$6	\$6
Indoor Flying	\$3.75	\$2.75
Open Stretching Time	\$6	\$6

	RESIDENT ¹	NON RES	SENIOR ²
Weight Room ³	\$5	\$6	n/a
Weight Room (monthly pass) ³	\$25	\$30	\$20
Weight Room (90-day pass)	\$70	\$85	\$55
Shower only ⁴	\$3	\$3	\$3
(towels not provided)			

¹ Resident of SeaTac.

² Senior citizen must be at least 55-years old.

³ Participants for the weight/cardiovascular room must be at least 16 years of age.

⁴ Shower charge only if not participating in an activity.

GYM DROP-IN ACTIVITIES

Indoor Flying Time

Friday 10 a.m.–Noon

Pickleball/Badminton

Monday & Wednesday 10 a.m.–5 p.m.*
 Tuesday & Thursday 8:30 a.m.–5 p.m.*
 Friday..... 12:15–5 p.m.*

Badminton

Saturday..... 8:30 a.m.–1 p.m.

Pickleball

Friday..... 5–9 p.m.

* Pickleball and badminton hours are subject to change. Please call to confirm.



SeaTac Community Center



Angle Lake Park - Picnic Shelter

Connect with the City of SeaTac on social media!



Parks

ANGLE LAKE PARK

19408 International Blvd.

boat launch, fishing, open recreation area, performing stage, picnic shelters/barbecue areas, restrooms, swimming, playground equipment, water spray park, waterfront nature trail

BOW LAKE PARK

5040 S. 178th St.

open space, no public parking

GRANDVIEW OFF-LEASH DOG PARK

3600 S. 228th St.

fencing, trails, benches, kiosk, waste receptacles, open areas, sani-cans

HIGHLINE SEATAC BOTANICAL GARDEN

13735 24th Ave. S. (south of community center parking lot)

walking path, water feature, variety of plant species, community garden, Japanese garden

MCMICKEN HEIGHTS PARK

South 166th Street & 40th Avenue South

tennis courts, open area, playground equipment, pickleball court

NEIGHBORHOOD PARK

13735 - 24th Ave. S. (at SeaTac Community Center)

half-court basketball, playground equipment, swings, climbing boulder, skate park, veterans memorial

NORTH SEATAC PARK

South 128th Street & 20th Avenue South

baseball/softball fields, synthetic turf soccer fields, open area, restrooms, playground equipment, picnic shelter, outdoor basketball, walking trails, community center, BMX track, pump track, disc golf

RIVERTON HEIGHTS PARK

3011 S. 148th St.

half-court basketball, walking paths, play equipment, tables and benches, parking

SEATAC DES MOINES CREEK PARK

2151 S. 200th St.

paved pedestrian and biking trail, trailhead parking

VALLEY RIDGE PARK

4644 S. 188th Street

synthetic turf baseball/soccer/softball fields, tennis courts, community center, skate park, playground equipment, mini-pitch, basketball courts, 1/2-mile paved walking path, restrooms

Program Facilities

Bow Lake Elementary School/SeaTac Activity Room, 18237 42nd Ave. S.

SeaTac Community Center, 13735 24th Ave. S.

Valley Ridge Community Center, 4644 S. 188th St.

FACILITY AND PICNIC SHELTER RENTALS

Phone: 206-973-4680

Email: facilityrental@seatacwa.gov

Website: www.seatacwa.gov/facilityrentals

SEATAC COMMUNITY CENTER

Banquet Room, Gymnasium, Multi-Purpose Rooms

ANGLE LAKE PARK, Picnic Shelters, Performing Stage

NORTH SEATAC PARK, Picnic Shelter

SPORT FIELD RENTALS

Field Scheduling: 206-973-4770

Website: www.seatacwa.gov/sportfields

SPECIAL EVENTS SCHEDULE 2025

DATE	EVENT	LOCATION	TIME
June 27	Garden Story Time	Highline SeaTac Botanical Garden	12:30 p.m.
June 28	Family Bike Rodeo	North SeaTac Park	11 a.m.-2 p.m.
July 9	Summer Market & Music in the Park	Angle Lake Park	5-8 p.m.
July 11	Garden Story Time	Highline SeaTac Botanical Garden	12:30 p.m.
July 16	Music in the Park	Angle Lake Park	6-8 p.m.
July 18	Theatre in the Park	Riverton Heights Park	7 p.m.
July 23	Music in the Park	Riverton Heights Park	6-8 p.m.
July 25	Garden Story Time	Highline SeaTac Botanical Garden	12:30 p.m.
July 25	Theatre in the Park	Riverton Heights Park	7 p.m.
July 30	Summer Market & Music in the Park	Riverton Heights Park	5-8 p.m.
August 1	Friday Flix #1	Madrona Elementary School	Sunset
August 8	Garden Story Time	Highline SeaTac Botanical Garden	12:30 p.m.
August 8	Friday Flix #2	Bow Lake Elementary School	Sunset
August 15	SeaTac Kidz Nite & Friday Flix #3	Riverton Heights Park	Sunset
August 22	Garden Story Time	Highline SeaTac Botanical Garden	12:30 p.m.
August 23	Barks and Rec	Grandview Off-Leash Dog Park	3-6 p.m.
September 5	Garden Story Time	Highline SeaTac Botanical Garden	12:30 p.m.
September 20	Welcoming Week: We Are SeaTac	SeaTac Community Center	11 a.m.-4 p.m.
October 1-30	Fine Art Exhibit	SeaTac Community Center	Business hours
October 17	Great Pumpkin Night	SeaTac Community Center	5-8 p.m.
November 11	Veterans Day Ceremony	SeaTac Community Center	10 a.m.
November 14	Resource Fair	SeaTac Community Center	3-6 p.m.
December 5	Holiday Tree Lighting	SeaTac Community Center	5-8 p.m.

Follow us on social media for the latest news!



www.seatacwa.gov/SpecialEvents