Apprenticeship and Non-traditional
Employment for Women (ANEW)
Provides employment navigation, training and support services for anyone who would like to earn a family wage career in the construction trades.

Asian Counseling
206.695.7600
Provides mental health services to Asian Americans, Pacific Islanders and other underserved communities.

Crisis Clinic
Community Info Help Line
Call: 2.1.1
24-Hour Crisis Line
206.461.3222
Website www.crisisclinic.org
Teen Link www.866.teenlink or 1.866.833.6546

Catholic Community Services
Emergency Assistance
253.850.2523
Provides emergency financial assistance to support basic needs, including shelter, rent, utilities and local transportation and food. Fridays 10 AM - 12 PM

Catholic Community Services
Volunteer (Chore) Services
206.328.5787
Provides chore services to low income seniors and adults with disabilities to help them live independently; includes house and yard work, transportation and respite care.

Child Care Resources
206.329.1011
Provides child care information and referral services to parents; provides technical assistance and workshops to licensed child care providers.

Domestic Abuse Women’s Network (DAWN)
24-hour Crisis Line, Shelter Services, Advocacy, and Children’s Programs
425.656.7867
Provides a confidential phone line to answer calls 24-hrs, 7 days a week for victims of domestic violence in crisis and needing immediate resources. Provides confidential shelter and advocacy services for victims and their children as well as education for the community and schools.

Des Moines Area Food Bank
206.878.2660
22225 Ninth Ave. So. South, Des Moines
Provides food bank services, referrals, school weekend backpacks, monthly cooking classes and summer meals for kids.
Mondays, Wednesdays and Fridays 9 - 11:45 AM
3rd Tuesday of every month from 6 - 8 PM
3rd Tuesday of every month from 5 – 6:00 PM Dinner

HealthPoint
Primary Medical & Natural Medicine
206.277.7200
Midway Dental
206.870.3600
Provides health and dental services to low-income, uninsured and other City residents on a sliding scale fee. Medicaid/Medicare/Private insurance accepted.

Highline Area Food Bank
18300 Fourth Ave. S., Burien
206.433.9900
Provides food bank services and referrals.
Tuesdays from 12:30 PM to 2:30 PM
2nd Tuesday of every month 5:30 PM to 7:00 PM

Hospitality House
Women’s Shelter Program
206.242.1860
Provides a nine-bed shelter for homeless women including case management, food, social/life skills, employment support and advocacy.

King County Bar Pro Bono Services Neighborhood Legal Clinics
206.267.7070
Provides 30 minutes of free legal advice with attorneys regarding civil issues at one of 39 clinics throughout King County. Clinics in both general and specialty areas are available.

King County Sexual Assault Resource Center
Sexual Assault Services
1.888.998.6423
 Provides crisis intervention, information, therapy and advocacy to victims of sexual assault all ages; 24-hour crisis line; prevention and education services. Services provided in English & Spanish.

HealthPoint
Primary Medical & Natural Medicine
206.277.7200
Midway Dental
206.870.3600
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Literacy Source/ELL Services
206.782.2050
Provides learner centered instruction to adults in English literacy and basic life skills. Pre-registration not required.

Lutheran Community Services NW
206.816.3250
Family Resource Center
Provides a variety of family and community building activities (education, information, resources and support) to refugees, immigrants and the general public.

Multi-Service Center
Emergency & Transitional Housing
2.1.1
Provides support services and housing to homeless families and individuals in crisis.

Emergency Assistance Program
253.893.0024
Provides emergency financial assistance for rent and utility assistance to residents.
Tuesdays 9:30 AM - Noon

SeaTac Police Community Service Officers
Officer Sana Wight 206.973.4915 Regina Burke 206.973.4917
or Human Services Coordinator Kim Cooper 206.973.4815 or dial 2-1-1 for more information
Energy Assistance Program
“24/7” Appointment line  253.517.2263
Provides emergency financial assistance to low-income households to pay energy bills.

Navos – Lake Burien Campus
Outpatient Counseling Services  206.248.8226
Provides counseling services to families in crisis in the home, school or other community location. M-F 8am-5pm

New Roots  206.323.3152
Provides technical assistance and loans to new businesses for low income neighborhoods.

Partners in Employment  206.429.3824
Provides language acquisition, housing stabilization, services and resources to refugees and immigrants to obtain overcome barriers.

Puget Sound Regional Fire Authority
FD CARES Program  Message only 253.856.2273
The Fire Department Community Assistance, Referrals and Education Services program, referred to as FD CARES, is a fire agency-based community injury and illness prevention program.

SafeFutures Youth Center - Comprehensive Case Management  206.938.9606 ext. 106
At-Risk Youth (ages 12-19) receive case management and explore career and create an individual academic plan for long-term engagement in school.

City of SeaTac
Domestic Violence Prevention/Cases  206.973.4634
Provides case management, advocacy, referrals, and support to survivors of abuse and education about domestic violence.

City of SeaTac Recreation Scholarship
SeaTac City Hall  206.973.4680
Provides fee assistance for Parks and Recreation programs in brochure to income eligible residents.

City of SeaTac Minor Home Repair
SeaTac City Hall  206.973.4815
Provides a variety of home repair services to low and moderate-income homeowners in SeaTac

King Co. Major Home Repair Program  206.263.9095
Provides major home repair for the City’s low and moderate-income residents on a grant and/or loan basis.

Sound Generations
Meals-on-Wheels  206.448.5767
Delivery of nutritious meals on a regular basis to eligible home-bound residents over the age of 60.

Sound Generations
Volunteer Transportation  206.448.5740
Volunteer drivers provide round-trip transportation to the seniors 60 years & older to medical and other essential appointments.

Sound Mental Health – PATH  206.444.7800
Provides outreach and case management for homeless adults and families, and those at risk of homelessness, who struggle in accessing shelter, housing, primary care, mental health and/or substance use disorder treatment, basic needs, and employment.

SW Youth & Family Services/New Futures
Child and Family Support Services  206.901.0180
Provides family support and after-school programs at Windsor Heights Apartments in SeaTac.