

WINTER
2026

CITY OF SEATAC PARKS & RECREATION

RECREATION & SERVICES *Guide*

DIVERSE CITY, DIVERSE PROGRAMS



REGISTER ONLINE OR
CALL 206-973-4680



FOLLOW US ON



LETTER FROM THE DIRECTOR

Mary Tuttle
Parks & Recreation Director

Greetings, SeaTac!

While the trees may be bare and the days may be short, our Parks and Recreation team has been busy preparing to open a new park space to support visitors on the SeaTac Des Moines Creek trail.

This exciting new 9-acre trailhead will be replacing the existing, smaller trailhead, located off S. 200th Street. Visitors will be treated to free parking, permanent restrooms, an inclusive ADA playground with a zipline, a picnic shelter, and stormwater education experiences. The parcel was purchased and developed using a combination of funding, including from the King County Levy and King County Conservation Futures.

This new space will connect directly into the SeaTac Des Moines Creek Trail, and there is multi-modal entry point off South 200th into the trailhead.

While the smaller trailhead will remain open to support alternative transportation traveling between the SeaTac Des Moines Creek and Lake to Sound Trails, it will be closed to vehicles.

The new SeaTac Des Moines Creek Trailhead main entrance, located about half a mile away from the existing trailhead, will be off 18th Avenue South. The site will be opening in February 2026, and we want you to be on the lookout for the grand opening celebration, free for the community to attend.

I am looking forward to seeing our community in February and between now and then, stay warm and see you in the parks!

-- Mary

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REGISTRATION INFO

Refer to each program section for registration specifics.

See page 24 for general registration information.

WAYS TO REGISTER



ONLINE



IN-PERSON



PHONE

PARKS & RECREATION
WINTER NEWS

URBAN FORESTRY Program



VOLUNTEER IN SEATAC PARKS

Volunteer to help restore SeaTac's urban forest! Activities include planting indigenous trees and, shrubs, removing problematic plants, and mulching and watering plantings. For more information or to sign up, check out our [Volunteer Event Page](#).

BECOME A FOREST STEWARD

Commit to a park you love! Our Forest Steward program provides the opportunity for individuals to adopt a park to steward and, if desired, lead community restoration events.

As a Forest Steward you would have the opportunity to do things like:

- Plant indigenous trees and shrubs
- Remove introduced plants
- Mulch and water plantings
- Host community restoration events (optional)
- Have fun outdoors and take ownership of an area in a park you love!

Our next information and training session will be in March 2026.

For more information and to sign up, please fill out our [Forest Steward Application](#).

AFTER-SCHOOL PROGRAM

This spring, the City of SeaTac will be offering a paid after-school opportunity for Highline School District students. The after-school program will be held the weeks of April 13 and April 20.

Program activities will include hands-on ecological restoration experience, field trips, land-connecting activities, career exploration, and guest speakers. Youth will be provided snacks and paid a stipend. Application process and requirements are being finalized. Check out our [Urban Forestry Page](#) for updates.

Funds for this project were provided by the USDA Forest Service Urban and Community Forestry Program, administered through the State of Washington Department of Natural Resources Urban and Community Forestry Program. This institution is an equal opportunity provider.



Local Art Showcase

Jan. 5–30: During business hours at the SeaTac Community Center

The annual Local Art Showcase returns! This is an opportunity for artists of all ages to submit their work for the public to enjoy. Mediums accepted range from 2-D art to 3-D pieces, photography or fine art. Sizes up to 4 feet in any direction will be accepted, pieces should include hanging materials, like wire, if needed.

Deadline to submit artwork is January 5.

All ages are encouraged to sign up and participation is free. Pieces will be available for public display and can be listed for sale, but that is not required.

Please email specialevents@seatacwa.gov for questions or an application.

ANNUAL EGG HUNT

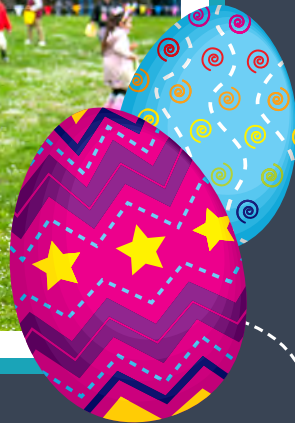
**Saturday, April 4 at 10 a.m. sharp
Angle Lake Park**

Let's Spring into the annual Egg Hunt at Angle Lake Park. Come say "hello" to the Bunny and hunt for some eggs. There will be different areas for ages ranging from 1 to 12 years old. Event will kick off at 10 a.m. *sharp* and the event will end when all eggs have been gathered. Arrive early for the balloon artist on site starting at 9:00 a.m. Overflow parking will be available and posted on site. Check out our website and social media for updates.

In partnership with Puget Sound Regional Fire Authority and Puget Sound RFA Local 1747.



FREE!



Join us **FOR OUR** **EARTH DAY** **CELEBRATION!**

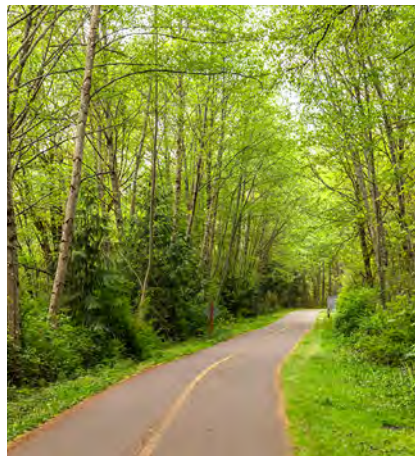
**Saturday, April 25, 2026
Des Moines Creek Trailhead Park
10 a.m. – 1 p.m.**

Volunteer to remove ivy along the trail to help keep the park healthy, and participate in nature-themed activities and crafts.

Join the journey of Salmon Rearing! Every year the city hosts over 200 salmon eggs, as they hatch and develop into salmon fry, they will then get released into the Des Moines Creek. Learn about how stormwater impacts the health of SeaTac's creeks and lakes, and you also get a chance to pick out and name your very own salmon to release into the creek.

Come learn more about your environmental impact and join us as we do our part in keeping our water and parks safe and healthy!

Please dress for rain or shine and in clothes you are comfortable getting dirty. Supplies for activities will be provided.



FREE!

This event is sponsored by City of SeaTac Parks and Recreation and Public Works



YOUTH PROGRAMS

Our youth programs are focused on ages 5-11 to provide a fun and safe recreational counterbalance to the day's educational activities.

REGISTRATION

Participation in our youth program requires an annual \$40 registration fee. This fee goes from June to June. The fee includes receiving a program t-shirt that is required to be worn when we go off site on field trips. Returning youth students who do not need a new T-shirt can opt to pay a \$25 registration fee. If needed, replacement shirts are \$20. All registration fees are non-transferable and non-refundable.

Participants under 18 years of age must have parental consent.

Please see page 24 for contact information and how to register.

YOUTH RECREATION SCHOLARSHIP PROGRAM

This program is to provide financial assistance to youth residents for recreational services. Please call Parks & Recreation at 206-973-4680 for more information or pick up an application at the SeaTac Community Center.

PRESCHOOL AGE PROGRAMS

Call 206-973-4680 to get on our interest list for programs and classes that will be available for our 3 to 5-year-olds at the SeaTac Community Center. We hope to start them soon!

SEATAC'S BEFORE AND AFTER SCHOOL PROGRAM

Our before and after school program is packed full of organized and exciting options that will provide your child a fun and safe place to be throughout the school year. We don't just watch your children; we engage them in recreational and educational activities that will make you feel confident that your child is safe and having a great time.

Before & After School, and Early Dismissals days will be paid for on a monthly fee system. The monthly fee will be due on the 20th of the prior month and paid in full before the participant can attend. There will be no refunds for missed days. All students must be enrolled in our auto pay system or pay quarterly.

Serving Bow Lake, Madrona, McMicken, and Impact Public Schools.

Location: Bow Lake Elementary, SeaTac Activity Room			Before School Only (Opens at 6 a.m.)	After School Only (Close at 6 p.m.)	Before & After School (6 a.m. to 6 p.m.)
DATES	DAY	GRADE	FEE*	FEE*	FEE*
January	M-F	K-5	\$140 per month	\$250 per month	\$350 per month
February	M-F	K-5	\$140 per month	\$250 per month	\$350 per month
March	M-F	K-5	\$140 per month	\$250 per month	\$350 per month

*Pro-rating not available.

YOUTH PROGRAMS

YOUTH SPORTS

KARATE

Northwest School of Karate practices Hayashi-Ha Shito-Ryu karate. The classes are open to men, women, and children aged five and above. The Northwest School of Karate is for anyone who is interested in improving their quality of life through exercise, in an atmosphere based on respect and fun.

Instructor: Sensei Greg Sommers-Herivel

Location: SeaTac Community Center

DATES	DAY	TIME	AGES	FEE
Jan. 6-29	T,TH	5:30-6:30 p.m.	5+	\$65
Feb. 3-26	T,TH	5:30-6:30 p.m.	5+	\$65
Mar. 3-26	T,TH	5:30-6:30 p.m.	5+	\$65

RAPIER SWORD COMBAT

Explore the centuries-old art of rapier combat! Build confidence, sharpen your skills, and develop the discipline necessary to compete in the forms of single sword, sword & dagger, and more. No experience needed—just bring your energy and sense of adventure! Limit of 10 participants.

Instructor: Jason Prendergast

Location: SeaTac Community Center, Room 105

DATES (Classes)	DAY	TIME	AGES	FEE
Jan. 8-Mar. 26 (12)	TH	7-9 p.m.	10+	\$50



WINTER BREAK CAMP

Wow...where did 2025 go? We are not sure about that, but we are sure that there is no greater place to end 2025 than at our annual Winter Break Camp. Campers will be involved in lots of crazy and fun crafts, silly games, and treats. Bring a sack lunch and warm clothes. Sign up for the week or just a day or two.

Location: Bow Lake Elementary School, SeaTac Activity Room

DATES	DAY	TIME	GRADE	FEE*
Dec. 22-26*	M,T,F	6 a.m.-6 p.m.	K-5	\$105
Dec. 22-26*	M,T,F	6 a.m.-6 p.m.	K-5	\$40/day
Dec. 29-Jan.2**	M,T,W,F	6 a.m.-6 p.m.	K-5	\$120
Dec. 29-Jan.2**	M,T,W,F	6 a.m.-6 p.m.	K-5	\$40/day

*No camp on Dec. 24, Christmas Eve and Dec. 25, Christmas Day.

**No camp on Jan. 1, 2026, New Year's Day.

NO SCHOOL DAYS

School's out, but the adventure continues here! Send your child for a great day packed with games, crafts, and plenty of winter cheer. Don't wait, spots fill up fast! Remember to pack a sack lunch and warm jacket.

Location: Bow Lake Elementary School, SeaTac Activity Room

DATES	DAY	TIME	GRADE	FEE*
Feb. 13	F	6 a.m.-6 p.m.	K-5	\$40
Mar. 13	F	6 a.m.-6 p.m.	K-5	\$40

HOME SCHOOL PROGRAM

Interested in Home School Programs? Call the SeaTac Community Center at 206-973-4680 for information via email about classes available.

Connect with the City of SeaTac
on social media!





TEEN PROGRAMS

Our teen programs are for students in grades 6–12 and provide a fun and safe place to hang out and engage in cool activities.

REGISTRATION

It is a requirement that all teens participating in our programs complete a registration form that includes a liability release form.

Go to www.seatacwa.gov to the Teen Program website page to download a printable copy of the registration form and liability and conduct forms.

Participants under 18 years of age must have parental consent.

How Old Are You?

Teen Drop-In Programs are for students in grades 6–12. Student ID is required for most activities. Call the Teen Program at 206-973-4680 for more information.

TEEN CENTER

Our Teen Center has something for everyone. Meet with friends and play PlayStation, foosball, ping pong, or board games. Enjoy the field with our sports equipment or just hang out. We have special activities such as crafts, cooking projects, and competitions. Call the SeaTac Community Center at 206-973-4680 for details.

Location: Valley Ridge Community Center/
Teen Center

DAYS	TIME	GRADE	FEE
M–TH	Afterschool–5 p.m.	6–12	Free
F	Afterschool–4 p.m.	6–12	Free



TEEN RECREATION SCHOLARSHIP PROGRAM

This program provides financial assistance to teen residents of SeaTac for recreational classes and camp activities. Please call 206-973-4680 for more information.

HOME SCHOOL PROGRAM

Interested in Home School Programs? Call the SeaTac Community Center at 206-973-4680 to receive information via email about classes available.

TEEN PROGRAMS

TNT (TWEEN & TEEN) WINTER BREAK CAMP

Our TnT Camp is going to be filled with fun activities and cool trips to make this a chill winter break. TnT camp goes off-site a day or two each week, while on other days we will stay at Valley Ridge for cooking, crafts, and fun. Space is limited. Call for more details. Each day will be a flurry of new activities and adventures.

DATES	DAY	TIME	GRADE	FEE
Dec. 22–26*	M,T,F	7:30 a.m.–6 p.m.	6–9	\$90/week
Dec. 22–26*	M,T,F	7:30 a.m.–6 p.m.	6–9	\$35/day
Dec. 29–Jan. 2**	M,T,W,F	7:30 a.m.–6 p.m.	6–9	\$100/week
Dec. 29–Jan. 2**	M,T,W,F	7:30 a.m.–6 p.m.	6–9	\$35/day

*No camp on December 24 and December 25.

**No camp on January 1, 2026.

EXTENDED CARE FOR TNT WINTER BREAK CAMP (BEFORE CAMP)

We are offering extended care options for participants of our TnT Winter Break Camp. This will be held at Bow Lake Elementary, in conjunction with our Youth Winter Break Camp. Teens must follow youth camp policies while on site (sorry no phones or electronics).

DATES	DAY	TIME	GRADE	FEE
Dec. 22–26*	M,T,F	6–7:30 a.m.	6–9	\$15/week
Dec. 22–26*	M,T,F	6–7:30 a.m.	6–9	\$5/day
Dec. 29–Jan. 2**	M,T,W,F	6–7:30 a.m.	6–9	\$20/week
Dec. 29–Jan. 2**	M,T,W,F	6–7:30 a.m.	6–9	\$5/day

*No camp on December 24 and December 25.

**No camp on January 1, 2026.

Connect with the City of SeaTac
on social media!





ADULT PROGRAMS

Our adult programs are focused on ages 18+ to help create healthy lifestyles, broaden the mind, and engage with community.

REGISTRATION

Please see page 24 for contact information and how to register.

Registration will be on a first-come, first-served basis. Please register early before classes are filled. Program classes with an insufficient number of registrants will be cancelled. Decisions to cancel classes will be made one week before the start of class.

ADULT RECREATION

INDOOR AIR SHOW (INDOOR FLYERS)

Every Friday, a group of young at heart dare devils (very loose interpretation) take to the skies with their flying machines in our gym, with RC electric airplanes. If you're interested in joining them, bring your flying machine (RC electric airplane).

These daring aviators perform incredible, heart-stopping stunts that excite their audiences. Spectators are always welcome, and watching them perform is free!

Location: SeaTac Community Center/Gymnasium

DAY	TIME	ADULT FEE	SENIOR FEE*
F	10 a.m.–Noon	\$3.75	\$2.75

Sales tax will be added to fee.

** Seniors must be at least 55-years old.*

UPCYCLED CARDBOARD FOLK ART

Don't know what to do with all the leftover cardboard from your endless online shopping? Upcycle it into beautiful folk art! Led by our resident crafter, Noelle, this class will teach you how to take that cardboard and create a masterpiece. We provide paint, glue, and cardboard; you provide your creative mind and artsy vibes. Don't know what to make? No worries, patterns are available.

Instructor: Noelle Cook

Location: SeaTac Community Center

DATES	DAY	TIME	AGES	FEE
Jan. 21–Feb. 11	W	6–8 p.m.	14+	\$21



ADULT FITNESS & SPORTS

FITNESS MAXIMIZER

If you are enrolled in **Karate, Pickleball (leagues only), Pilates, Rapier Sword Combat, Tai Chi,** or **Total Body Fitness**, you are over the age of 18, you may purchase a fitness maximizer for use of the weight room. The pass is good for the entire class session you are enrolled in. **Fee: \$10**

OPEN STRETCHING TIME

Room 106 at the SeaTac Community Center will be open during select times each week for multipurpose activities such as stretching and yoga. Stretching room hours will be included in the price of admission and membership to the weight room. Hours are subject to change.

Location: SeaTac Community Center

DATES	DAY	TIME	AGES	FEE
Jan. 2–Mar. 31	T,W,TH	8:30–10:30 a.m.	18+	\$6
Jan. 2–Mar. 31	M,F	4:30–6:30 p.m.	18+	\$6

PILATES

New! Strengthen your core, improve flexibility and posture, and increase balance all while having fun! Lindsay, our Stott Pilates-trained instructor will lead you in exercises developed for all skill levels. Drop in or register for a 4-week series – space is limited. We need a minimum of 6 pre-registrants to conduct these classes.

Instructor: Lindsay Davis

Location: SeaTac Community Center

DATES	DAY	TIME	AGES	FEE
Jan. 3–24	S	10–11 a.m.	18+	\$40
Jan. 31–Feb. 21	S	10–11 a.m.	18+	\$40
Drop-in				\$12

ADULT PROGRAMS

TOTAL BODY FITNESS

Have fun while toning and strengthening each of your major muscle groups, plus get a cardio workout all in one hour. Set for every age and fitness level, you'll experience invigorating music with easy-to-follow choreography. The class uses a variety of equipment and athletic moves to help improve your overall fitness and requires minimal coordination or experience.

Instructor: Teresa Kuzmer

Location: SeaTac Community Center, Gymnasium

DATES (Classes)	DAY	TIME	AGES	FEE
Jan. 6–Mar. 31 (25)	T,TH	5:30–6:30 p.m.	16+	\$84

KARATE

Northwest School of Karate practices Hayashi-Ha Shito-Ryu karate. The classes are open to men, women, and children aged five and above. The Northwest School of Karate is for anyone who is interested in improving their quality of life through exercise, in an atmosphere based on respect and fun.

Instructor: Sensei Greg Sommers-Herivel

Location: SeaTac Community Center

DATES	DAY	TIME	AGES	FEE
Jan. 6–29	T,TH	5:30–6:30 p.m.	5+	\$65
Feb. 3–26	T,TH	5:30–6:30 p.m.	5+	\$65
Mar. 3–26	T,TH	5:30–6:30 p.m.	5+	\$65

RAPIER SWORD COMBAT

Explore the centuries-old art of rapier combat! Build confidence, sharpen your skills, and develop the discipline necessary to compete in the forms of single sword, sword & dagger, and more. No experience needed—just bring your energy and sense of adventure! Limit of 10 participants.

Instructor: Jason Prendergast

Location: SeaTac Community Center, Room 105

DATES (Classes)	DAY	TIME	AGES	FEE
Jan. 8–Mar. 26 (12)	TH	7–9 p.m.	10+	\$50

ADULT PROGRAMS

TAI CHI

New! This class will focus on improving balance and posture while enjoying the beauty and grace of Tai Chi movements. Participants are guided through the movements of the Tai Chi “set” which builds strength, flexibility, and balance while improving circulation and deepening relaxation. Further practice explores the details and depth of the more advanced movements with an increasing focus on mind-body-breath coordination. No prior experience required and participants with all levels of previous Tai Chi practice are welcome.

Instructor: Malcolm Lewis
Location: SeaTac Community Center

DATES	DAY	TIME	AGES	FEE
Feb. 5–Mar. 12	TH	10–11 a.m.	18+	\$80

YOGA

We no longer have an instructor to teach Yoga classes at the SeaTac Community Center. Any interested yoga instructors should contact Mark Bell, Community Recreation Supervisor via email at mbell@seatacwa.gov. We are always interested in hearing from instructors for all types of recreation and would love to hear from you!



GYM DROP-IN ACTIVITIES & FEES

Sales tax will be added to the fees below.

Open Pickleball/Badminton (Day)

DAY	TIME*	ADULT FEE	SENIOR FEE**
M,F	12:30–2:30 p.m.	\$3	\$3
T	9:30 a.m.–12:30 p.m.	\$3	\$3
W,TH	10:30 a.m.–2:30 p.m.	\$3	\$3
F	12:30–2:30 p.m.	\$3	\$3

**Pickleball and badminton hours are subject to change. Please call to confirm.
**Seniors must be at least 55-years old.*

Open Pickleball (Friday Evenings)

DAY	TIME	ADULT FEE	SENIOR FEE*
F	5–9 p.m.	\$6	\$6

**Seniors must be at least 55-years old.*

Open Badminton (Saturdays)

DAY	TIME	ADULT FEE	SENIOR FEE*
S	8:30 a.m.–1 p.m.	\$5	\$5

**Seniors must be at least 55-years old.*

Teen Badminton

DAY	TIME	AGES	FEE
T	2:30–5 p.m.	18+	\$3

Indoor Flying Time

DAY	TIME	ADULT FEE	SENIOR FEE*
F	10 a.m.–Noon	\$3.75	\$2.75

**Seniors must be at least 55-years old.*

Open Stretching Time

DAY	TIME	ADULT FEE	SENIOR FEE*
T,W,TH	8:30–10:30 a.m.	\$6	\$6
M,F	4:30–6:30 p.m.	\$6	\$6

**Seniors must be at least 55-years old.*

Connect with the City of SeaTac on social media!



PICKLEBALL LEAGUES

Leagues are open only to intermediate and advanced players. Register as a single participant, not as a doubles team. You will be scored individually. Players in the Monday evening league will be assigned to a ladder based on skill level.

IMPORTANT: Your attendance is essential. If you can’t play, you must send in a substitute player. The No Show policy is strictly enforced.

Please visit the following links for the league’s policies, substitution process, and FAQs:

- **Policies** (i.e., Waitlist, No Show, Refund): <https://westsidepbleague.org/policies>
- **About Westside Pickleball:** <https://westsidepbleague.org/>

SKILL LEVEL DESCRIPTIONS

Beginner: You have had lessons (or an opportunity to learn all the ins and outs of the game) and have been playing for at least 2-3 months. You know the rules, understand basic strategy, and can maintain a short rally. Pickleball basics & rules are best learned through lessons or a clinic prior to league play.

Intermediate: Serves/rallies consistently to maintain game flow; has directional intentions for shots but lacks consistent technique to execute them. Begins learning advanced shots: overhead shots, lobs, dinks.

Advanced: Above-average control and consistency with medium-paced shots; beginning to master the backhand and improving serve quality; can sustain longer rallies and mix up gameplay; uses soft shots—like dinks and drops—strategically in the non-volley zone.

PICKLEBALL INSTRUCTION

If you are interested in individual or group instruction, contact Tom Grubb or Greg DiMarco directly to set up a training time.

NW PICKLEBALL TRAINING Tom Grubb: NWPBtrain@gmail.com
Training for group and individual sessions. Tom is a IPTPA Certified Trainer who has specialized training for beginners, advanced beginners and 4.0-4.5 rated players.

PICKLEBALL INSTRUCTOR Greg DiMarco: Gregdimarco@yahoo.com
Instruction for individual and small groups. Greg is an IPTPA certified instructor teaching skill levels from beginner to 4.5. Play smarter!

ADULT PROGRAMS

WINTER MONDAY EVENING MIX LEAGUE

SeaTac Resident Registration: November 10, 9 a.m.
Non-Resident Registration: November 17, 9 a.m.
Instructor: Westside Pickleball League
Location: SeaTac Community Center, Gymnasium

DATES (Classes)	DAY	TIME	AGES	FEE
Jan. 12–Mar. 16 (8)	M	6–8:30 p.m.	18+	\$90

No League Play on Jan. 19 or Feb. 16

SPRING MONDAY EVENING MIX LEAGUE

SeaTac Resident Registration: February 23, 9 a.m.
Non-Resident Registration: March 2, 9 a.m.
Instructor: Westside Pickleball League
Location: SeaTac Community Center, Gymnasium

DATES (Classes)	DAY	TIME	AGES	FEE
Mar. 23–May 11 (8)	M	6–8:30 p.m.	18+	\$90

MONDAY WOMEN’S 62+ LEAGUE

Level 3.0+ players only.
SeaTac Resident Registration:
4 weeks prior to league start.
Non-Resident Registration:
3 weeks prior to league start.
Instructor: Di Brown
Location: SeaTac Community Center, Gymnasium

DATES (Classes)	DAY	TIME	AGES	FEE
Dec. 1–Jan. 26 (6)	M	10 a.m.–Noon	62+	\$24
Feb. 2–Mar. 16 (6)	M	10 a.m.–Noon	62+	\$24
Mar. 23–April 27 (6)	M	10 a.m.–Noon	62+	\$24

No League Play on Jan. 19 or Feb. 16



SENIOR PROGRAMS

Our senior programs are focused on ages 55+ to encourage active living, build friendships, and have new and enhanced experiences.

REGISTRATION

To register for classes or for more information about a class or service, please call the Senior Desk at 206-973-4690 or register in person at the front desk.

SENIOR TRIPS

Senior Trips registration opens **January 7**. Early registration for SeaTac residents and volunteers opens **January 6**.

Please see page 21 for specific Senior Trips registration and policies information.

STAY UP-TO-DATE

Email: To join our email list, send an email with the subject "SUBSCRIBE" to aoliverson@seatacwa.gov. You'll receive our monthly digital newsletter and other occasional updates.

Website: You can always find up-to-date information, newsletters, and menus at www.seatacwa.gov/senior-program

SEATAC SENIOR PROGRAM

LOCATION

13735 24th Ave. S., SeaTac

PHONE NUMBERS

206-973-4690 | Senior Desk
206-973-4680 | SeaTac Community Center

HOURS OF OPERATION

Monday-Friday, 8:30 a.m.–4 p.m.

TRANSPORTATION OPTIONS

HYDE SHUTTLE

SeaTac/Tukwila – This shuttle service will provide transportation throughout all of SeaTac, Tukwila, and to St. Anne's Hospital in Burien.

To make a reservation, call the Hyde Shuttle at 206-727-6262, no later than noon, three days before your ride. Rides are free, but donations are welcome. Neither shuttle provides rides to SeaTac Airport.

ACCESS TRANSPORTATION

Access transportation with King County Metro is a door-to-door service. **For questions, please call 206-263-3113.**

SEATAC SENIOR VAN

Need a ride to lunch? For SeaTac residents only, the SeaTac Senior Van provides lunch transportation to and from the Community Center every day that we have lunch (normally Tuesday through Friday).

Reservations are required by 9 a.m. of the morning you need a ride.

Please call 206-973-4690 for details or to set up a ride.

Connect with the City of SeaTac
on social media!



SENIOR MEALS

MEALS ON WHEELS

The City of SeaTac contracts with Sound Generations to provide Meals on Wheels with eligible people living in SeaTac who are homebound and 60+ years of age.

For more information, call Sound Generations Meals on Wheels at 206-448-5767.

SENIOR CONGREGATE LUNCH PROGRAM

Meals are served Tuesday through Friday at 11:45 a.m. The cost for lunch is a suggested donation of \$5 for those 60 and over; the cost is \$7 for those under 60. **For information, or to request transportation call 206-973-4690.**

We are happy to announce that Green Sprouts is our new Congregate Lunch Provider. The meals are prepared off-site and delivered hot and ready to serve. The meal will include an entrée, salad, side veggie, fresh fruit, and dessert. There are substitutes but we must have an advanced notice of 48 hours to plan with Green Sprouts. You are welcome to call 206-973-4690 and order a substitute meal.

The program is supported by grant funds from the King County Veterans, Seniors, and Human Services Levy.

MEALS ON WHEELS PROGRAM (VOLUNTEERS NEEDED)

The Meals on Wheels program transitioned from the Senior Program to Human Services with support from Sound Generations. Sound Generations is looking for volunteers to support this program. The volunteers needed for Meals on Wheels are as follows: Co-Volunteer, Coordinator, drivers and backup drivers, meal packers, and callers. Volunteer hours will be available on Mondays at midday.

For more information regarding volunteering or about the program, please call Sound Generations at 206-448-5767 or email mealsonwheels@soundgenerations.org.

SENIOR PROGRAMS

SENIOR SERVICES

FREE LEGAL ADVICE

Mary Henderson, Attorney at Law, will be here once a month to answer legal questions for seniors. These include issues regarding wills, Power of Attorney, Elder Law, landlord-tenant issues and the Vulnerable Adult Protective Act. Thirty-minute appointments are available on the first Thursday of each month, between 1–3 p.m.

Call 206-973-4680 to make an appointment.

Upcoming dates: Jan. 8, Feb. 5, and Mar. 5

TECH SUPPORT FOR SENIORS WITH SMART PHONES AND TABLETS

Larence Wawro will provide one-on-one technical support for seniors who need assistance with their smart phones and tablets. 15-minute appointments are available.

To make an appointment, call the front desk at 206-973-4680.

DATES	DAY	TIME	AGES	FEE
Jan. 9	F	11 a.m.	55+	Free
Feb. 13	F	11 a.m.	55+	Free
Mar. 13	F	11 a.m.	55+	Free

SENIOR HEALTH BENEFITS ADVISOR (SHIBA)

Our Statewide Health Insurance Benefits Advisory (SHIBA) Volunteer is available to help with unbiased information about options for health insurance and related matters. In-person meetings are available on the third Thursday of each month.

Call 206-973-4680 to make an appointment or for information.

Upcoming dates: Jan. 15, Feb. 19, Mar. 19

KING COUNTY METRO
NEIGHBORHOOD POP-UP

Don't let transportation problems slow you down! On the third Thursday of every month the Metro Neighborhood Pop-up will set up shop in the Senior Lobby of the Community Center. The on-site Metro team will provide information and assistance with ORCA cards and more.

Metro representatives can help with:

- Getting a new Adult ORCA card.
- Getting a new Senior and Disabled Regional Reduced Fare Permit (RRFPs).
- Replaced lost or damaged cards.
- Adding fare products and value to existing ORCA cards.
- Provide guidance on how to best use an ORCA card.
- Answering questions about the regional transit system.
- Provide information about new Metro services.
- Listen to feedback and share it with Metro planners.

DATES	DAY	TIME	AGES	FEE
Jan. 15	TH	9:30–11:30 a.m.	Any	Free
Feb. 19	TH	9:30–11:30 a.m.	Any	Free
Mar. 19	TH	9:30–11:30 a.m.	Any	Free

SENIOR MASSAGE WITH
LITA ARTIS, MA LMP

Enjoy a relaxing and therapeutic chair massage. Lita is here on the fourth Tuesday of each month. The cost of the appointment is \$35 for 30 minutes.

Make your appointment at the Senior Desk or call 206-973-4680.

Upcoming Dates: Jan. 27, Feb. 24, Mar. 24

Connect with the City of SeaTac
on social media!



YOU MAY BE ELIGIBLE FOR A
PROPERTY TAX REDUCTION

Your qualification for property tax exemption is based on your ownership, occupancy, age, and income for the preceding year. To apply for this program, apply online at taxrelief.kingcounty.gov anytime.

For more information or assistance with your online application, you can email assessments@kingcounty.gov or call King County at 206-296-3920.

You can also call the SeaTac senior program at 206-973-4690 for more information.

FOOT CARE SERVICES

Foot care services with Riah Hughes, RN. Cost is \$50. By appointment only at 206-973-4680.

NEWCOMER'S SOCIAL HOUR

We understand that starting something new can be a little nerve-racking. That's why we've started our Newcomer's Social Hour, meeting on the first Friday of each month. It's an excellent opportunity to learn about our programs, meet other seniors and staff, ask questions, and have a good time! We always have a fun game to play and some delicious goodies to share. We'd love for you to join us!

Location: Senior Lobby of the Community Center.

DATE	DAY	TIME	AGES	FEE
Monthly	1st Friday	10–11 a.m.	55+	Free



SENIOR CLASSES

COOKING CLASSES
WITH MS. LISA

Lisa will be hosting cooking classes 2 times a month on Thursdays, starting at 12:30 p.m.

Lisa will be demonstrating healthy recipes with simple ingredients for you and your family.

Dishes that Ms. Lisa will be demonstrating will be posted on the SeaTac Senior Flyer.

Come check out the class by registering for Cooking with Miss Lisa at the front desk.

DATES	DAY	TIME	AGES	FEE
Jan. 8	TH	12:30 p.m.	55+	Free
Jan. 22	TH	12:30 p.m.	55+	Free
Feb. 12	TH	12:30 p.m.	55+	Free
Feb. 26	TH	12:30 p.m.	55+	Free
Mar. 5	TH	12:30 p.m.	55+	Free
Mar. 26	TH	12:30 p.m.	55+	Free

ETHIOPIAN NEW YEAR'S COFFEE
CEREMONY WITH SERVE
ETHIOPIANS OF WASHINGTON

Mercy from Serve Ethiopians of Washington will perform a traditional Coffee Ceremony following lunch at 1:30–3:30 p.m. in the banquet room.

Mercy will roast the beans and serve the coffee to celebrate the Ethiopian New Year.

This event was made possible by funding from the King County Veterans, Senior, and Human Services Levy Grant.

Please register for the ceremony by calling 206-973-4680.

DATES	DAY	TIME	AGES	FEE
Jan. 9	F	1:30–3:30 p.m.	55+	Free

CREATIVE WRITING GROUP

Meets the second Friday of the month.

Sandra Rose Bryant or Larence Wawro, the Adult Services Librarians at the Valley View & Des Moines Libraries, leads our writing group. It meets the second Friday of every month from 10–11 a.m. There are opportunities to share what you have written with other participants in the group, as well as time to work on your writing and create more substance for your project.

For more information, please call the Senior Desk at 206-973-4690.

DATES	DAY	TIME	AGES	FEE
Jan. 9	F	10–11 a.m.	55+	Free
Feb. 13	F	10–11 a.m.	55+	Free
Mar. 12	F	10–11 a.m.	55+	Free

AARP SAFE DRIVING CLASS

Cars have changed. So have traffic rules, driving conditions and the roads you travel every day. Some drivers have never looked back since they got their first driver's license, but even the most experienced drivers can benefit from refreshing their driving skills. You may also get a discount on your car insurance. AARP members pay \$20 and nonmembers \$25; payable to the instructor at class (check or cash).

This is a two-part class, and participants must attend both parts.

Please register in advance. There are no drop-in spaces available.

DATES	DAY	TIME	AGES	FEE
Jan. 13 & 15	T,TH	9:30 a.m.–1:30 p.m.	55+	\$20/\$25*
Mar. 10 & 12	T,TH	9:30 a.m.–1:30 p.m.	55+	\$20/\$25*

*\$20 for AARP members; \$25 for non-members.

SENIOR BOOK CLUB

Meets every third Tuesday of the month at 10:30 a.m.

Books for upcoming meetings will be selected by the book club participants.

Senior Book Club meets at the Senior wing of the SeaTac Community Center in Room 121.

Please call 206-973-4690 to get more information or to make book club suggestions.

DATE	BOOK
Jan. 20	<i>The Heaven & Earth Grocery Store</i> by James McBride
Feb. 17	<i>The Art of Racing in the Rain</i> by Garth Stein
Mar. 17	<i>Daughter of Fortune</i> by Isabel Allende

CLASS ON ARTIFICIAL INTELLIGENCE FOR SENIORS

Discover the world of Artificial Intelligence in a friendly, easy-to-understand class designed especially for seniors. This course explores how AI is used in everyday life—from voice assistants and smart devices to healthcare, hobbies, and staying connected with family.

Participants will learn practical skills such as using AI safely, recognizing misinformation, and making technology work for them. No prior technical experience is needed. The class blends clear explanations, hands-on demonstrations, and plenty of time for questions. Build confidence, spark curiosity, and enjoy learning how today’s newest technologies can support independence, convenience, and fun.

Please register for the class by calling 206-973-4680.

DATE	DAY	TIME	AGES	FEE
Feb. 18	W	12:30 p.m.	55+	Free

DROP-IN ACTIVITIES

Our drop-in groups are open to all levels of players. Newcomers welcome!

Don’t see an activity that interests you? Let us know what you are looking for. We are always open to new ideas for drop-in activities.

ACTIVITY	DAY	TIME	FEE
Bridge	M	1–3 p.m.	Free
	W (1st & 3rd)	12–3 p.m.	
	F	1–3 p.m.	
Bunko	F (3rd)	12:30–2 p.m.	Free
Crafts	T (1st & 3rd)	12:30–2 p.m.	\$8
Canasta	T	12:30–2 p.m.	Free



Save the dates

SWEETIE LUNCHEON

February 11, 2026 at 10:30 a.m.

ST. PATRICK’S LUNCHEON

March 11, 2026 at 10:30 a.m.

Reservations required for the St. Patrick’s Lunch

Reservations will open one month prior to the luncheon event at the SeaTac Community Center front desk or by phone at 206-973-4680.



CREATIVE CRAFT SERIES WITH AMY

This twice-monthly craft workshop is your ticket to hands-on creativity, laughter, and a lot of fun. Each session features a new project, from painting and paper crafts to mixed media and seasonal surprises. All materials provided—just bring your imagination!

Single Session Price: \$8 | Discounted Quarterly Price: \$40
Sign up by the quarter to save on attending all 6 classes. It’s like getting 1 class free!
Advance registration is required so we know how many materials to prepare.

NEEDLE FELTING – DECORATED DRYER BALLS

Wool dryer balls are great for your clothes, but not very exciting. Let’s dress them up with some pretty needle felt designs! This fun craft is great for total beginners or experienced felters. You’ll leave with 2 dryer balls that are sure to bring a smile to your face whenever you do laundry.

DATE	DAY	TIME	AGES	FEE
Jan. 6	T	12:30–1:30 p.m.	55+	\$8

FARMHOUSE CANISTER JAR

Upgrade a pretty jam jar into a farmhouse-style storage canister with just a little paint, glue, and a plastic animal toy. You’ll be surprised how chic these little jars turn out!

DATE	DAY	TIME	AGES	FEE
Jan. 20	T	12:30–1:30 p.m.	55+	\$8

PUNCHED AND STITCHED GREETING CARDS

Create a variety of card designs with a stencil and needle. The pinhole designs create a pretty and delicate effect on their own, but you can also stitch through the holes with bright threads for a totally different look. It’s up to you!

DATE	DAY	TIME	AGES	FEE
Feb. 3	T	12:30–1:30 p.m.	55+	\$8

SIMPLE WIRE-WRAPPED PENDANT

Create a one-of-a-kind pendant with a pretty bead or stone and some craft wire. Learn simple wrapping techniques that create elegant, eye-catching designs without complicated tools. You’ll leave with a finished pendant that’s ready to wear or give as a handmade gift.

DATE	DAY	TIME	AGES	FEE
Feb. 17	T	12:30–1:30 p.m.	55+	\$8

SPIRAL “WOVEN” FELT BASKET

These lovely little baskets use a clever construction method to create the look of weaving without the hassle. An ingenious pattern and a small amount of hand stitching is all that’s required.

DATE	DAY	TIME	AGES	FEE
Mar. 3	T	12:30–1:30 p.m.	55+	\$8

UPCYCLED PHOTO FRAME

Transform everyday materials into something beautiful! Using simple cardboard scraps, you’ll create a beautifully textured photo frame that looks great on its own or as a base for your own embellishments. It’s a fun and easy project that turns “trash” into a display-worthy treasure.

DATE	DAY	TIME	AGES	FEE
Mar. 17	T	12:30–1:30 p.m.	55+	\$8

SENIOR FITNESS CLASSES

CREATIVE MOVEMENT WITH TERESA CASTILLO

Experienced fitness instructor Teresa Castillo will bring her good energy and positive attitude to this fun new Creative Movement class. Using a wide variety of techniques, including balance and core exercises, yoga movements, Tai Chi, Pilates and mat work, light weights, and resistance training, Teresa will help you build and strengthen your daily practice for functionality, longevity, and connection. This class is supported by VSHS Levy Grant by King County.

Class is free, but registration is required. Please register by calling 206-973-4680.

DATE	DAY	TIME	AGES	FEE
Jan. 16–Mar. 24	TH	1 p.m.	55+	Free

SENIOR WORK OUT CLASS

The gym is currently open for exercise and walking on Mondays, Wednesdays, and Fridays. This self-directed group walks and incorporates a variety of stretching and strengthening techniques. New participants are welcome to join at any time.

DATE	DAY	TIME	AGES	FEE
Ongoing	M,W,F	8:30–9:30 a.m.	55+	Free

No class on Jan. 19 and Feb. 16.



WINTER LINE DANCE PARTY WITH SUZANNE SIMMONS

Suzanne will lead a Soul Line Dance Party in the Banquet Room at the SeaTac Community Center. There will be music, dancing, snacks and a lot of laughs and fun. The party is open to Seniors 55 years and older and dancers of all levels are welcome! Don't forget to bring your comfortable dancing shoes. Happy dancing! This class is supported by VSHS Levy Grant by King County.

This class is free, but registration is required due to the limited room space. Please register by calling 206-973-4680.

DATE	DAY	TIME	AGES	FEE
Jan. 23	F	1:30–3:30 p.m.	55+	Free

SENIOR TAI CHI CLASS WITH MALCOLM LEWIS

Starting on Tuesday, February 6, 2026, for six weeks, Malcolm Lewis will be leading a class on the Art of Tai Chi. You must register for the class, and there will be no drop-in participants. Remember to wear relaxed-fitting clothes and flatter, comfortable shoes. This class is supported by VSHS Levy Grant by King County.

This class is free, but registration is required. Please register by calling 206-973-4680.

DATE	DAY	TIME	AGES	FEE
Feb. 6–Mar. 10	T	10–11:15 a.m.	55+	Free

FITNESS ROOM

The SeaTac Community Center has a fully equipped weight room with cardio equipment, weight machines, free weights, and a variety of other equipment.

Monthly Pass: Senior—\$20 plus sales tax

RESIDENT FITNESS ROOM PASS

SeaTac residents age 55 and over are eligible for a free pass to work out on Tuesday and Thursday mornings from 9–11 a.m.

To obtain a pass, visit the community center front desk with a current photo ID and a recent utility bill (to verify residency).

SENIOR TRIPS

January 7
Registration opens

January 6
Early registration for
SeaTac residents and volunteers

SENIOR TRIP REGISTRATION POLICY & PROCEDURES

PAYMENT

Full payment is required upon trip enrollment. We accept credit/debit cards and checks; we do not accept cash.

REGISTRATION OPENS

Registration begins at 8:30 a.m. sharp.

Registrations are completed in the order received, whether that is in person or by phone call. There will be a maximum of 4 trips per person on these two days. You may register for additional trips later if available.

ONLINE REGISTRATION

We do not offer online registration at this time.

IN-PERSON REGISTRATION

Register at the SeaTac Community Center front desk. Doors open and registration starts at 8:30 a.m. sharp.

PHONE REGISTRATION

Call the SeaTac Community Center front desk at 206-973-4680. Do not call the senior program desk or any staff member directly. Please be ready with your chosen trips and credit card information.

VOICEMAIL

Due to the volume of registrations we process during the first two days, we are usually not able to respond to voice messages right away. If you call and we don't answer, it's usually best to wait a few minutes and try again.

WAITLISTS

Our trips often fill quickly. Please join the wait list if a trip is full — sometimes we can add an additional van or trip if we know there is enough interest.

TRIP CANCELLATIONS

For most trips, cancellations made up to 2 days in advance will receive a full refund, minus a \$5 processing fee.

Some trips, such as those involving ticket purchases, are not eligible for a refund regardless of notice given unless we can fill your spot. These trips are noted with an asterisk (*) next to the listed fee.

TRIP PICKUPS

We are unable to provide transportation to the SeaTac Community Center for trips. If you need information about transportation options, please contact the staff.

Individuals who require special accommodation should notify staff at the time of registration.

ACTIVITY LEVELS

Easy: No extended periods of walking or standing. Suitable for walkers and wheelchairs.

Moderate: Some periods of standing and/or walking (less than one mile), paved or mostly even terrain, generally suitable for walkers with wheels.

Challenging: Long periods of standing or walking and/or uneven terrain. Not suitable for walkers.

If you have any questions about whether or not a trip is right for you, please don't hesitate to contact Senior Program Staff at 206-973-4690.

TEA AT THE OLIVE BRANCH CAFÉ IN TACOMA’S FREIGHTHOUSE SQUARE

Enjoy a charming afternoon tea at the Olive Branch Café, located inside Tacoma’s historic Freighthouse Square. Sip delicious teas and savor an assortment of finger sandwiches, pastries, and homemade treat. After tea, take some time to browse the unique shops and boutiques throughout Freighthouse Square. Your meal is included in the trip fee. **Activity Level: Easy.**

DATE	DAY	TIME	AGES	FEE
Jan. 16	F	10:30 a.m.–3:30 p.m.	55+	\$42*

*Not eligible for a refund unless we can fill your spot on the trip.

GREAT BIG GAME SHOW

Have you ever dreamed of being a contestant on a game show? Well, here’s your chance! At South King County’s newest attraction, the Great Big Game Show will put you in the center of the action on a real game show sound-stage. In this interactive experience we’ll split into two teams and battle it out in classic game show mini games led by a live host. After the “show,” we’ll enjoy lunch at a nearby restaurant. Lunch will be on your own. **Activity Level: Easy, with some extended standing.**

DATE	DAY	TIME	AGES	FEE
Jan. 26	M	9:15 a.m.–1:30 p.m.	55+	\$48*

*Not eligible for a refund unless we can fill your spot on the trip.

CIRQUE DU SOLEIL’S “ECHO”

Experience the magic, artistry, and stunning acrobatics of Cirque du Soleil with its new show *Echo*. Future, the protagonist, invites you into a fantasy world with animal and human characters who join forces to create a better world. Join us under the big top in Marymoor Park for a truly unforgettable spectacle. Fee includes show and transportation. Lunch before the show will be on your own. **Activity Level: Easy.**

DATE	DAY	TIME	AGES	FEE
Feb. 1	Sun	10 a.m.–4 p.m.	55+	\$89*

*Not eligible for a refund unless we can fill your spot on the trip.

NORTHWEST FLOWER & GARDEN SHOW

Step into a gardener’s paradise at the Northwest Flower & Garden Show, one of the largest and most inspiring garden events in the country. Wander through elaborate display gardens, browse unique plants and tools, attend an informational seminar, and pick up fresh ideas for your own outdoor spaces. Whether you’re a seasoned gardener or simply love beautiful blooms, this show will get you inspired for spring. Fee includes transportation and entrance to the show. Lunch will be available to buy from Convention Center vendors. **Activity Level: Moderate.**

DATE	DAY	TIME	AGES	FEE
Feb. 20	F	8:30 a.m.–3 p.m.	55+	\$23*

*Not eligible for a refund unless we can fill your spot on the trip.

MUSEUM OF HISTORY AND INDUSTRY (MOHAI)

Discover the stories that shaped Seattle with a visit to MOHAI vibrant exhibits, housed in a historic naval armory on the shores of Lake Union. Currently showing at the museum is “Kickstands Up! 125 Years of Motorcycling in the PNW,” featuring vintage motorcycles, gear, photographs, and stories from behind the handlebars. After a self-guided tour of the museum, we’ll head to a local spot for lunch (on your own). **Activity Level: Moderate.**

DATE	DAY	TIME	AGES	FEE
Mar. 2	M	9 a.m.–2:30 p.m.	55+	\$25

LUCK O’ THE IRISH LUNCH

Let’s lift a glass in honor of the Emerald Isle at our annual Luck o’ the Irish Luncheon. Enjoy some warm Irish hospitality and delicious food at one of the area’s best Irish Pubs. You’re sure to leave satisfied and feeling lucky! Fee includes transportation only; lunch is on your own. **Activity Level: Easy.**

DATE	DAY	TIME	AGES	FEE
Mar. 9	M	10:15 a.m.–1:30 p.m.	55+	\$10

QUILTERS ANONYMOUS QUILT SHOW

Immerse yourself in color, creativity, and craftsmanship at the Quilters Anonymous Quilt Show. This beloved annual event features hundreds of quilts ranging from traditional patterns to bold modern designs, each one a work of art. Take your time admiring the intricate stitching, vibrant fabrics, and innovative techniques on display in this inspiring showcase. Then shop the merchant mall for fabric, books, patterns, and all kinds of quilt-related goodies. Fee includes transportation and show ticket. Lunch is available to buy on site, or you are welcome to bring your own. **Activity Level: Moderate.**

DATE	DAY	TIME	AGES	FEE
Mar. 13	F	9:15 a.m.–3 p.m.	55+	\$22

MEEKER MANSION AND PUYALLUP ANTIQUES

Travel back in time with a guided tour of the historic Meeker Mansion, a beautifully restored Victorian home filled with period furnishings and fascinating stories of the life of Ezra Meeker, the first mayor of Puyallup and the “Hop King of the World.” After our guided tour and time to explore the mansion, we’ll have a local lunch and browse downtown Puyallup’s charming antique shops. Maybe you’ll find a piece of Puyallup history to take home with you! Fee includes transportation and tour. Lunch is on your own. **Activity Level: Moderate.**

DATE	DAY	TIME	AGES	FEE
Mar. 27	F	8:15 a.m.–4:30 p.m.	55+	\$22



MUNCH & MINGLE LUNCH TRIPS

What’s everyone’s favorite part of senior trips? Lunch, of course! There’s nothing better than a great meal with great company. We’ll check out a different one of our favorite lunch spots each month. Come hungry! Fee covers transportation only; lunch is on your own. **Activity Level: Easy.**

Puyallup: Farm 12

DATE	DAY	TIME	AGES	FEE
Jan. 12	M	10 a.m.–2 p.m.	55+	\$10

Bothell: McMenamins Anderson School

DATE	DAY	TIME	AGES	FEE
Feb. 9	M	10 a.m.–2 p.m.	55+	\$10

Black Diamond: Black Diamond Bakery

DATE	DAY	TIME	AGES	FEE
Mar. 30	M	10 a.m.–2 p.m.	55+	\$10

VILLAGE THEATRE SHOWS

We have finalized our season ticket purchase for the 25-26 Village Theatre Season, but if you would like to be added to our “back-up” list for any or all shows, please call Amy at 206-973-4683. Sometimes our season ticket holders can’t make a performance, and if we know you are interested, we can offer those tickets to you. Prices range from \$74 to \$109, depending on seat location. **Activity Level: Easy.**

Remaining shows for this season are:

DATE	DAY	SHOW
Feb. 19	TH	<i>Baskerville: A Sherlock Holmes Mystery</i>
Apr. 23	TH	<i>Grease</i>
Jun. 18	TH	<i>We Ain’t Ever Gonna Break Up: The Hymon and Parfunkel Musical</i>

Connect with the City of SeaTac on social media!



GENERAL REGISTRATION

Registration is on a first-come, first-served basis.

Please register early, at least one week before classes are filled, to secure your spot. Classes with insufficient number of registrants will be cancelled. Decisions to cancel classes will be made one (1) week prior to the start of class.

Participants under 18 years of age must have parental consent.

PAYMENT

Payment must be made at the time of registration. Make checks payable to "City of SeaTac." MasterCard and Visa are accepted. No cash is accepted at this time.

RETAIL SALES TAXES

Retail sales tax will be added to applicable recreation programs.

CANCELLATIONS

Cancellation of specific programs may be necessary due to insufficient enrollment and are made one week prior to the start of the first class. Cancellations by registrants beyond this date will not be accepted. The staff reserves the right to consolidate, postpone, reschedule or cancel any program due to lack of enrollment.

In case of bad weather that may cancel games or activities, participants or team representatives may call the Parks and Recreation Department at 206-973-4680 for updates. Weather-dependent cancellation decisions are made two to three hours prior to the activity.

REFUNDS

You will receive a 100% refund if insufficient enrollment forces the cancellation of a class. Allow approximately three weeks for refund if enrollment fee was paid by check, cash or money order.

Classes cancelled due to inclement weather, or instructor cancellation will result in a credit to your family account.

Refunds for medical reasons will be pro-rated, if written verification from medical personnel is provided.

REGISTER ONLINE, IN-PERSON OR BY PHONE



ONLINE REGISTRATION

Online registration is available at <https://secure.rec1.com/WA/city-of-seatac> or scan the QR code below.



IN-PERSON

Walk-in registration is accepted. Sign-up and submit your payment at the SeaTac Community Center during regular business hours.



PHONE

To register with a credit card by phone, please call the SeaTac Community Center at 206-973-4680.

CONTACT US

SeaTac Parks & Recreation Department

Website: www.seatacwa.gov/parks

SeaTac Community Center 206-973-4680
13735 24th Ave. S., SeaTac, WA 98168

Senior Program 206-973-4690

Parks Administration 206-973-4670

Parks Operations 206-973-4770

SeaTac Community Center General Hours

Monday–Thursday: 8:30 a.m.–9 p.m.

Friday: 8:30 a.m.–5 p.m.

Saturday: 8:30 a.m.–1 p.m.

Sunday: Closed

SATISFACTION GUARANTEED

At the City of SeaTac Parks & Recreation Department, we are committed to providing the public with high-quality recreation programs. Our residents and patrons are important to us and we feel they deserve quality at all times.

We are so confident that our recreation classes are high-quality that we are backing them with a Satisfaction Guaranteed Policy. If you are not satisfied, you can repeat that class at no charge, receive full credit that can be applied to any recreation class, or receive a full refund.

Refund requests must be made within five business days of last class. This policy DOES NOT apply to excursions, adult sport leagues, preschool, camps and special events.

NON-DISCRIMINATION POLICY

The City of SeaTac does not discriminate on the basis of race, sex, color, religion, national origin, age, disability, or veteran status in the provision of services, in programs or activities, or employment opportunities and benefits.

Inquiries concerning the Americans With Disabilities Act of 1990, and requests for reasonable accommodation should be directed to City Hall 206-973-4800.

Mail in inquiries should be directed to:

City of SeaTac
Human Resources Department
4800 S. 188th St.
SeaTac, WA 98188.

INCLEMENT WEATHER

During a severe weather event, our programs and/or the SeaTac Community Center may close. If you are unsure about the weather, please call to confirm your activity.

PHOTOS OF PARTICIPANTS

Occasionally, City of SeaTac staff take photos and/or video during our programs. If you wish not to have your or your children's photo/video taken in conjunction with our programs, please notify any recreation staff member or your class instructor. Photos/video taken during SeaTac Parks & Recreation activities are used in the promotion of future City programs.

Connect with the City of SeaTac
on social media!





COME PLAY, LEARN, *and*
EXERCISE *at the* SEATAC
COMMUNITY CENTER

SEATAC COMMUNITY CENTER

LOCATION
13735 24th Ave. S., SeaTac, WA 98168
Phone: 206-973-4680

GENERAL HOURS
Monday–Friday: 8:30 a.m.–9 p.m.
Saturday: 8:30 a.m.–1 p.m.
Sunday: Closed

SENIOR CENTER HOURS
Monday–Friday: 8:30 a.m.–4 p.m.
Phone: 206-973-4690

HOLIDAY CLOSURES

November 11	Veterans Day
November 27	Thanksgiving
November 28	Day after Thanksgiving
December 25	Christmas Day
January 1	New Year’s Day
January 19	MLK Jr. Day
February 16	Presidents’ Day

GYM DROP-IN ACTIVITIES

ACTIVITY	DAYS	TIME
Open Pickleball/ Badminton	M,F	12:30–2:30 p.m.*
	T	9:30 a.m.–12:30 p.m.*
	W, TH	10:30 a.m.–2:30 p.m.*
	F	12:30–2:30 p.m.*
Open Pickleball	F	5–9 p.m.
Open Badminton	S	8:30 a.m.–1 p.m.
Teen Badminton	T	2:30–5 p.m.
Indoor Flying Time	F	10 a.m.–Noon
Open Stretching Time	T, W, TH	8:30–10:30 a.m.
	M, F	4:30–6:30 p.m.

*Pickleball and badminton hours are subject to change. Please call to confirm.

DROP-IN ACTIVITIES FEES

Sales tax will be added to the fees below.

Gym Activities

ACTIVITY	ADULT	SENIOR ¹
Open Pickleball	\$3	\$3
Open Pickleball (Friday Evenings)	\$6	\$6
Open Badminton	\$3	\$3
Open Badminton (Saturdays)	\$5	\$5
Indoor Flying	\$3.75	\$2.75
Open Stretching Time	\$6	\$6

¹ Senior citizens must be at least 55-years old.

Weight Room

ACTIVITY	RESIDENT ¹	NON-RES	SENIOR ²
Weight Room ³	\$5	\$6	N/A
Weight Room (Monthly Pass) ³	\$25	\$30	\$20
Weight Room (90-Day Pass)	\$70	\$85	\$55
Shower Only ⁴ (Towels not provided)	\$3	\$3	\$3

¹ Resident of SeaTac.

² Senior citizens must be at least 55-years old.

³ Participants for the weight/cardiovascular room must be at least 16 years of age.

⁴ Shower charge only if not participating in an activity.

SEATAC PARKS

ANGLE LAKE PARK

19408 International Blvd.
Boat launch, fishing, open recreation area, performance stage, picnic shelters and barbecue areas, restrooms, swimming, playground equipment, water spray park, waterfront nature trail.

BOW LAKE PARK

5040 S. 178th St.
Open space with no public parking.

GRANDVIEW OFF-LEASH DOG PARK

3600 S. 228th St.
Fencing, trails, benches, kiosk, waste receptacles, open areas, sani-cans.

HIGHLINE SEATAC BOTANICAL GARDEN

13735 24th Ave. S.
(south of the SeaTac Community Center parking lot)
Walking path, water feature, variety of plant species, community garden, Japanese garden.

MCMICKEN HEIGHTS PARK

South 166th Street & 40th Avenue South
Tennis courts, open area, playground equipment, and a pickleball court.

NEIGHBORHOOD PARK

13735 24th Ave. S. (at SeaTac Community Center)
Half-court basketball, playground equipment, swings, climbing boulder, skate park, Veterans Memorial.

NORTH SEATAC PARK

South 128th Street & 20th Avenue South
Baseball/softball fields, synthetic turf soccer fields, open area, restrooms, playground equipment, picnic shelter, outdoor basketball, walking trails, community center, BMX track, pump track, disc golf.

RIVERTON HEIGHTS PARK

3011 S. 148th St.
Includes a half-court basketball court, walking paths, play equipment, tables and benches, and parking.

SEATAC DES MOINES CREEK PARK

2151 S. 200th St.
Features a paved pedestrian and biking trail, with trailhead parking.

VALLEY RIDGE PARK

4644 S. 188th St.
Offers synthetic turf fields for baseball, soccer, and softball, tennis courts, a community center, skate park, playground equipment, mini-pitch, basketball courts, a half-mile paved walking trail, and restrooms.

PROGRAM FACILITIES

SeaTac Community Center
13735 24th Ave. S.

Valley Ridge Community Center
4644 S. 188th St.

Bow Lake Elementary School
SeaTac Activity Room, 18237 42nd Ave. S.

FACILITY RENTALS

SeaTac Community Center
Gymnasium, banquet, and multi-purpose rooms.

Phone: 206-973-4680
Email: facilityrental@seatacwa.gov
Website: www.seatacwa.gov/facilityrentals

PICNIC SHELTER RENTALS

Angle Lake Park
Picnic shelters and a performing stage.

North SeaTac Park
Picnic shelter.

Phone: 206-973-4680
Email: facilityrental@seatacwa.gov
Website: www.seatacwa.gov/facilityrentals

SPORT FIELD RENTALS

For field scheduling call: 206-973-4770
Website: www.seatacwa.gov/sportfields