

RECREATION & SERVICES GUIDE

Diverse City, Diverse Programs!

Fall 2025



LETTER FROM THE DIRECTOR

Mary Tuttle

Parks & Recreation Director

It has been said that a falling leaf is no more than summer waving goodbye, as we usher in those golden hues, cozy up with a warm mug and enjoy the crisp air, we say hello to fall.

The Parks and Recreation team has had an incredible summer season! Overall, the team provided 4,517 hours of staffing hours for the lifeguarding at Angle Lake waterfront, served 720 youth inside camps over a 9-week period, provided 1,892 meals for seniors and ensured the 370,00 people visiting our SeaTac Parks and SeaTac Community Center during July and August experienced welcoming, well maintained and safe facilities.

Our team has great things in store for fall, too!

We will be looking forward to the opening of a new trailhead, SeaTac Des Moines Creek Park. The new trailhead will be located on 18th Ave South, off S. 200th Street. The site will include parking for 88 cars, a permanent restroom and picnic pavilion, the first inclusive playground in the city, and stormwater education information.

Staff are looking forward to celebrating this new addition with you, our residents. Keep an eye out for an invitation to an official grand opening celebration to be scheduled toward the end of the year. Be sure to check out the project page: [Projects & Studies | City of SeaTac](#) for the latest information.

In the meantime, fall is a great time to enjoy your local SeaTac parks!

~ Mary



WELCOMING WEEK 2025

WE ARE SEATAC

A COMMUNITY CELEBRATION!

**Saturday
September 20, 2025
SeaTac
Community Center
11 a.m. to 4 p.m.**

Welcoming Week is an annual National campaign that focuses on celebrating and joining efforts to create communities that are welcoming places for all, including immigrants. In partnership with the International Rescue Committee and King County Library System, we will be celebrating our 2nd Annual Welcoming Week: We Are SeaTac! The day will consist of a resource fair with organizations who work with immigrants and refugees to provide services.

Live entertainment from different cultures, bouncy houses and activities for the kids, diverse vendors, and entrepreneurs. Food from different cultures may be available for purchase. Celebrate our diverse community and join us as we connect with our neighbors!

Donations for IRC are highly encouraged, for details please visit www.seatacwa.gov/specialevents

Questions or interested in participating?

specialevents@seatacwa.gov

**JOIN US FOR A DAY
SURROUNDED BY COMMUNITY.**

Activities are FREE to participate.



Urban Forestry/Parks & Natural Resources

PAID AFTER-SCHOOL PROGRAM

October 6, 8, 9, 13, 15 and 16
3:30 to 5:30 p.m.

This fall, the City of SeaTac will be offering a paid after-school opportunity for students. The after-school program will be held in the first two weeks of October from 3:30 to 5:30 p.m. on October 6, 8, 9, 13, 15 and 16.

Youth will be paid a stipend, provided snacks, and offered transportation from Valley Ridge Community Center in SeaTac and Glacier Middle School.

The program will take place at North SeaTac Park in SeaTac and Hilltop Park in Burien, providing a hands-on ecological restoration experience, field trips, land-connecting activities, career exploration, and guest speakers.

Click [HERE](https://www.seatacwa.gov/services/urban-forestry) to apply or visit the SeaTac Urban Forestry page: <https://www.seatacwa.gov/services/urban-forestry>

GREEN SEATAC DAY

October 25
10:00 a.m. to Noon

Celebrate SeaTac's urban forests and plant a tree! Join us to celebrate restoration efforts at North SeaTac Park and help with weeding, mulching, and planting efforts!

To sign up, check out our event page: [Green SeaTac Partnership](https://www.seatacwa.gov/services/urban-forestry)

BECOME A FOREST STEWARD

Commit to a park you love! Our Forest Steward program provides the opportunity for individuals to adopt a park to steward and, if desired, lead community restoration events.

As a Forest Steward you would have the opportunity to do things like:

- Plant indigenous trees and shrubs
- Remove invasive plants
- Mulch and water plantings
- Host community restoration events (optional)
- Report time and work accomplished
- Have fun outdoors and take ownership of an area in a park you love!

Click [HERE](https://www.seatacwa.gov/services/urban-forestry) to apply or visit the SeaTac Urban Forestry page: <https://www.seatacwa.gov/services/urban-forestry>

VOLUNTEER IN SEATAC PARKS

Volunteer to help restore SeaTac's urban forest! Volunteer opportunities occur monthly, with activities including planting indigenous trees and shrubs, removing introduced and problematic plants, and mulching and watering plantings.

To sign up, check out our event page: [Green SeaTac Partnership](https://www.seatacwa.gov/services/urban-forestry)



Fine Art Exhibit

October 6-31, 2025

SeaTac Community Center

Registration Deadline Tuesday, Oct. 3

Exhibit open during regular business hours



An opportunity for local artists to have their fine art on display for the month of October. The City will purchase some pieces for their permanent collection. Entry fee is \$20 per entry, with a maximum of 2 entries. Applications for submissions can be found online or by emailing specialevents@seatacwa.gov.

The Great Pumpkin Night

Friday, October 17, 2025
SeaTac Community Center
5 p.m. – 8 p.m.

FREE!



Welcome Great Pumpkin! For a night of fun, activities and crafts for the kids, face painters and bouncy houses. Food vendors may be present. End the night with a free movie & popcorn starting at 7:30 p.m. The movie will be *Elio*.

NEW this year, we will have a costume swap facilitated by Public Works.

Costume fun without all the waste, this is a chance to trade in old or outgrown costumes or accessories and pick up a new-to-you costume. Donations of gently used and clean costumes will be accepted at City Hall (4800 S. 188th St.) and the SeaTac Community Center (13735 24th Ave. S.) starting Sept. 16. Donations are also welcome during the event. Details about the Costume Swap can be found [online](#).

Inflatables / Face Painting / Activities / Movie starts at 7:30 p.m.

NEW Costume Swap / Come dress in your favorite costume or October accessories



Día de los Muertos

Teen Event

Friday, October 31, 2025
Valley Ridge Community Center
Teen Center | 1 p.m. – 5 p.m.



Teens, join us for an afternoon to celebrate the Latin American tradition that is Día de los Muertos.

Live performances and activities for teens to participate in and learn more about the cultural traditions. Submit photos before the event for participation in the altar to honor your loved ones. Transportation may be available for tweens and teens.

All activities are free!



VETERANS DAY CEREMONY



TUESDAY, NOVEMBER 11, 2025

Veteran's Memorial Plaza adjacent to SeaTac Community Center.

at 10 a.m.

Join us as we pay tribute to the men and women military veterans of the past and present. Names that have been added since the 2024 ceremony will be read aloud.

Tiles are accepted year around and engraved once a year. Applications for tiles need to be completed by July 31 to be engraved by November. All tiles purchased after July 31 will be installed the following year.

For more information call 206-973-4680 or stop by the community center for an application.



FREE EVENT

Community RESOURCE FAIR

FRIDAY, NOVEMBER 14, 2025

SEATAC COMMUNITY CENTER | 3 p.m.–6 p.m.

Stop by the **Resource Fair** to learn more about the numerous organizations in the County that offer services to SeaTac and south King County residents.

Find out about how these organizations can serve you.

Interested organizations can email: specialevents@seatacwa.gov



Winterfest 2025

The Holiday season is here!

**Stop by the SeaTac Community Center to help us
celebrate the winter season.**

FRIDAY, DECEMBER 5, 2025 | 5 p.m. – 8 p.m.

(The movie starts at 7:30 p.m.)

There will be activities and bouncy houses for the kids!

A family-friendly movie and free popcorn will be served at 7:30 p.m.

The movie will be *Abominable*.

All activities are free to participate in. Food vendors may be present.

www.seatacwa.gov/specialevents

Youth Programs

SEATAC'S BEFORE AND AFTER SCHOOL PROGRAM

Our before and after school program is packed full of organized and exciting options that will provide your child a fun and safe place to be throughout the school year. We don't just watch your children; we engage them in recreational and educational activities that will make you feel confident that your child is safe and having a great time. Before & After School, and Early Dismissals days will be paid for on a monthly fee system. The monthly fee will be due on the 20th of the prior month and paid in full before the participant can attend. There will be no refunds for missed days. All students must be enrolled in our auto pay system or pay quarterly. Serving Bow Lake, Madrona, McMicken and Impact Public Schools.

Location: Bow Lake Elementary, SeaTac Activity Room

Before School Only (Open at 6 a.m.)

DATES	DAY	GRADES	FEE
Oct.	M-F	K-5	\$140 per month
Nov.	M-F	K-5	\$105 per month
Dec.	M-F	K-5	\$105 per month

After School Only (Close at 6 p.m.)

DATES	DAY	GRADES	FEE*
Oct.	M-F	K-5	\$250 per month
Nov.	M-F	K-5	\$190 per month
Dec.	M-F	K-5	\$190 per month

Before & After School (6 a.m. to 6 p.m.)

DATES	DAY	GRADES	FEE*
Oct.	M-F	K-5	\$350 per month
Nov.	M-F	K-5	\$265 per month
Dec.	M-F	K-5	\$265 per month

*Pro-rating not available.

NO SCHOOL DAYS

Schools out, but we are 'in.' Send your child to us for a great day of games and play. We want your child to have some fun so sign up early. Campers need to bring a sack lunch.

Location: Bow Lake Elementary School, SeaTac Activity Room

DATES	DAY	TIME	GRADES	FEE
Oct. 10	F	6 a.m.-6 p.m.	K-5	\$40
Nov. 3	M	6 a.m.-6 p.m.	K-5	\$40

CONFERENCE WEEK

Nothing says 'Thanksgiving' like you sending your kids to us, and we send them back happy and tired. Just like all our great camps, days will be packed full of a variety of fun and crazy activities that your kids will love.

Location: Bow Lake Elementary School, SeaTac Activity Room

DATE	DAY	TIME	GRADES	FEE
Nov. 24-26	M-W	6 a.m.-6 p.m.	K-6	\$105

WINTER BREAK CAMP

Wow...where did 2025 go? We are not sure about that, but we are sure that there is no greater place to end 2025 than at our annual Winter Break Camp. Campers will be involved in lots of crazy and fun crafts, silly games, and treats. Bring sack lunch and warm clothes. Sign up for the week or just a day or two.

Location: Bow Lake Elementary School, SeaTac Activity Room

DATE	DAY	TIME	GRADE	FEES
Dec. 22-26*	M,T,F	6 a.m.-6 p.m.	K-5th	\$105
Dec. 22-26*	M,T, F	6 a.m.-6 p.m.	K-5th	\$40/day
Dec. 29-Jan. 2**	M,T,W,F	6 a.m.-6 p.m.	K-5th	\$120
Dec. 29-Jan. 2**	M,T,W,F	6 a.m.-6 p.m.	K-5th	\$40/day

*No camp on Dec. 24 and 25.

**No camp on Jan. 1.

Connect with the City of SeaTac on social media!



SEATAC BMX COMMUNITY PROGRAM
(6 Week Session)

In BMX, No one sits on the bench! We're excited to partner with SeaTac BMX for another hands-on youth program focused on building confidence and bike skills! This engaging program teaches essential skills from bike riding basics on the track to performing introductory bike mechanics like how to change a flat tire and understanding how bikes work—from the ground up. No bike riding experience needed—just curiosity and a willingness to learn. It's the perfect opportunity for young minds to get comfortable with bikes, teamwork, and riding in a supportive, fun environment.

Already attended this summer? Continue developing your bike racing skills! Yearly USABMX membership of \$80 required and scholarships are available through SeaTac BMX to help cover this membership fee. This annual fee is in addition to the program fee.

DATES	DAYS	TIME	GRADES	FEE
Sept. 16–Oct. 21	T	3:45–5:45 p.m.	1–9	\$25



Youth Sports

SOCCER TRAINING PROGRAM **NEW**

Join our partners from Serve Ethiopians Washington in this 6-week soccer training program. Participants will develop their soccer skills through drills and technical practice. This free program is open to all youth ages 7-14.

Instructor: Nebiu Kinfu
Location: North SeaTac Park Softball Field #1

DATES	DAY	TIME	AGES	FEE
Sept. 27–Nov. 1	Sat	3–6:00 p.m.	7-14	\$0

\$40 REGISTRATION FEE

Participation in our youth program requires an annual \$40 registration fee. This fee goes from June to June. The fee includes receiving a program t-shirt that is required to be worn when we go off site on field trips. Returning youth students who do not need a new t-shirt can opt to pay a \$25 registration fee. If needed, replacement shirts are \$20. All registration fees are non-transferable and non-refundable.

RECREATION SCHOLARSHIP PROGRAM

This program is to provide financial assistance to youth and teen citizens for recreational services. Please call Parks & Recreation at 206-973-4680 for more information or pick up an application at the SeaTac Community Center.

Connect with the City of SeaTac on social media!



Teen Programs

HOME SCHOOL PROGRAM

Interested in Home School Programs? Contact the community center at 206-973-4680 to be added to our interest list to receive an email with information about available classes.

TEEN CENTER

Our Teen Center has something for everyone. Meet with friends, play some PlayStation, foosball, ping pong, or board games. Take some sports equipment to the field or just hang out. We have special activities such as crafts, cooking projects and competitions. Call the SeaTac Community Center at 206-973-4680 for details.

Location: Valley Ridge Community Center/Teen Center

DAYS	TIME	GRADES	FEE
M–Th	Afterschool – 5 p.m.	6–12	Free
F	Afterschool – 4 p.m.	6–12	Free



TNT (TWEEN & TEEN) WINTER BREAK CAMP

Our TnT Camp is going to be filled with fun activities and cool trips to make this a chill winter break. TnT camp goes off site a day or two each week while other days we will stay at Valley Ridge for cooking, crafts, & fun. Space is limited. Call for more details. Each day will be a flurry of new activities and adventures.

DATES	DAYS	TIME	GRADES	FEE
Dec. 22–26*	M,T, F	7:30 a.m.–6 p.m.	6–9	\$90/week
Dec. 22–26*	M,T, F	7:30 a.m.–6 p.m.	6–9	\$35/day
Dec. 29–Jan. 2**	M,T,W,F	7:30 a.m.–6 p.m.	6–9	\$100/week
Dec. 29–Jan. 2**	M,T,W,F	7:30 a.m.–6 p.m.	6–9	\$35/day

**No camp on Dec. 24 and 25.*

***No camp on Jan. 1.*

Must have 8 or more participants enrolled by Dec. 15 for camp to occur.

EXTENDED CARE FOR TNT WINTER BREAK CAMP (Before Camp)

We are offering extended care options for participants of our TnT Winter Break Camp. This will be held at Bow Lake Elementary, in conjunction with our Youth Winter Break Camp. Teens must follow youth camp policies while on site. Sorry no phones or electronics.

DATES	DAYS	TIME	GRADES	FEE
Dec. 22–26*	M,T, F	6–7:30 a.m.	6–9	\$15/week
Dec. 22–26*	M,T, F	6–7:30 a.m.	6–9	\$5/day
Dec. 29–Jan. 2**	M,T,W,F	6–7:30 a.m.	6–9	\$20/week
Dec. 29–Jan. 2**	M,T,W,F	6–7:30 a.m.	6–9	\$5/day

**No camp on Dec. 24 and 25.*

***No camp on Jan. 1.*

■ RECREATION SCHOLARSHIP PROGRAM

This program is to provide financial assistance to teen residents of SeaTac for recreational classes and camp activities. Please call us at 206-973-4680 for more information.

■ HOW OLD ARE YOU?

Teen Drop-In Programs are for students in grades 6–12. Student ID is required for most activities. Call the Teen Program at 206-973-4680 for more information.

Adult Fitness & Sports

OPEN STRETCHING TIME

Room 106 at the SeaTac Community Center will be open during select times each week for multipurpose activities such as stretching and yoga. Stretching room hours will be included in the price of admission and membership to the weight room.

Location: SeaTac Community Center (subject to change).

DATES	DAY	TIME	AGES	FEE
Oct. 1–Dec. 31	T/W/Th	8:30–10:30 a.m.	18+	\$6
	M/F	4:30–6:30 p.m.	18+	\$6

TOTAL BODY FITNESS

Have fun while toning and strengthening each of your major muscle groups, plus get a cardio workout all in one hour. Set for every age and fitness level, you'll experience invigorating music with easy-to-follow choreography. The class uses a variety of equipment and athletic moves to help improve your overall fitness and requires minimal coordination or experience.

Instructor: Teresa Kuzmer

Location: SeaTac Community Center, Gymnasium

DATES (CLASSES)	DAY	TIME	AGES	FEE
Oct. 2–Dec. 18 (21)	T/Th	5:30–6:30 p.m.	16+	\$84

No Class on Nov. 11 and 27.

RAPIER SWORD COMBAT

Explore the centuries-old art of rapier combat! Build confidence, sharpen your skills, and develop the discipline necessary to compete in the forms of single sword, sword & dagger and more. No experience needed—just bring your energy and sense of adventure! Limit of 10 participants.

Instructor: Jason Prendergast

Location: SeaTac Community Center, Room 105

DATES (CLASSES)	DAY	TIME	AGE	FEE
Oct. 2–Dec. 18 (11)	Th	7–9 p.m.	10	+\$50

No Class on Nov. 27.

HATHA YOGA

The consistent practice of Hatha Yoga's various disciplines, combined with meditation will add clarity, vitality, and focus to your life. The postures (asanas) and deep breathing (pranayams) in yoga help to combat stress, strain, and fatigue. Students are encouraged to bring their own mats and a small blanket.

Instructor: Sandra Gomez

Location: SeaTac Community Center

DATES (CLASSES)	DAY	TIME	AGES	FEE
Oct. 1–Dec. 17 (12)	W	6–7:30 p.m.	16+	\$8

KARATE

Northwest School of Karate practices Hayashi-Ha Shito-Ryu karate. The classes are open to men, women, and children aged five and above. The Northwest School of Karate is for anyone who is interested in improving their quality of life through exercise, in an atmosphere based on respect and fun.

Instructor: Sensei Greg Sommers-Herivel

Location: SeaTac Community Center

DATES	DAY	TIME	AGES	FEE
Oct. 2–30	T/Th	5:30–6:30 p.m.	5+	\$65
Nov. 4–25	T/Th	5:30–6:30 p.m.	5+	\$65
Dec. 2–18	T/Th	5:30–6:30 p.m.	5+	\$65

No Class on Nov. 11.

PILATES

Strengthen your core, improve flexibility and posture, and increase balance all while having fun! Lindsay, our Stott Pilates-trained instructor will lead you in exercises developed for all skill levels. Drop in or register for a 4-week series—space is limited.

Instructor: Lindsay Davis

Location: SeaTac Community Center

DATES	DAY	TIME	AGES	FEE
Oct. 4–25	Sat	10:00–11:00 a.m.	18+	\$40
Nov. 1–22	Sat	10:00–11:00 a.m.	18+	\$40
Drop-in				\$12

NEW

Adult Pickleball

FALL PICKLEBALL LEAGUES

Pickleball Leagues are open to intermediate and advanced players only. Register as a single participant, not doubles. You will be scored individually. Players in the Monday evening league will be assigned to a ladder based on skill level.

IMPORTANT: Your attendance is essential. If you can't play, you must send in a substitute player. The No Show policy is strictly enforced.

Please visit the following links for the league's policies, substitution process, and FAQ's:

- Policies (i.e., Waitlist, No Show, Refund):
<https://westsidepbleague.org/policies>
- About Westside Pickleball:
<https://westsidepbleague.org/>

PICKLEBALL SKILL LEVEL DESCRIPTIONS

Beginner: You have had lessons (or an opportunity to learn all the ins and outs of the game) and have been playing for at least 2–3 months. You know the rules, understand basic strategy, and can maintain a short rally. Pickleball basics & rules are best learned through lessons or a clinic prior to league play.

Intermediate: Serves/rallies consistently to maintain game flow; has directional intentions for shots but lacks consistent technique to execute them. Begins learning advanced shots: overhead shots, lobs, dinks.

Advanced: Above-average control and consistency with medium-paced shots; beginning to master the backhand and improving serve quality; can sustain longer rallies and mix up gameplay; uses soft shots — like dinks and drops — strategically in the non-volley zone.



MONDAY EVENING MIX LEAGUE

Instructor: Westside Pickleball League

Location: SeaTac Community Center, Gymnasium

DATES (CLASSES)	DAY	TIME	AGES	FEE
Oct. 13–Dec. 8 (8)	M	6:00–8:30 p.m.	18+	\$90

MONDAY WOMEN'S 62+ LEAGUE

Level 3.0+ players only

Location: SeaTac Community Center, Gymnasium

DATES (CLASSES)	DAY	TIME	AGES	FEE
Sept. 8–Oct. 13 (6)	M	10:00 a.m.–12:00 p.m.	62+	\$24
Nov. 3–Dec. 15 (6)	M	10:00 a.m.–12:00 p.m.	62+	\$24

No League on Nov. 24.

PICKLEBALL INSTRUCTION

If you are interested in individual or group instruction, contact Tom Grubb or Greg Di Marco directly to set up a training time.

NW PICKLEBALL TRAINING

Instructor Tom Grubb: NWPBtrain@gmail.com

Training for group and individual sessions is available. Contact Tom Grubb to arrange a time. Tom is an IPTPA Certified Trainer who offers specialized training for beginners, advanced beginners, and players rated 4.0–4.5.

PICKLEBALL INSTRUCTOR

Instructor Greg Di Marco: gregdimarco@yahoo.com

Instructions for individual and small groups. Greg is an IPTPA certified instructor teaching skill levels from beginner to 4.5. Play smarter!

FITNESS MAXIMIZER

If you are enrolled in Pickleball (leagues only), Total Body Fitness, Yoga, Rapier or Karate and you are over the age of 18, you may purchase a fitness maximizer for use of the weight room. The pass is good for the entire class session you are enrolled in. **Fee:** \$10

Adult Recreation

UPCYCLED CARDBOARD FOLK ART

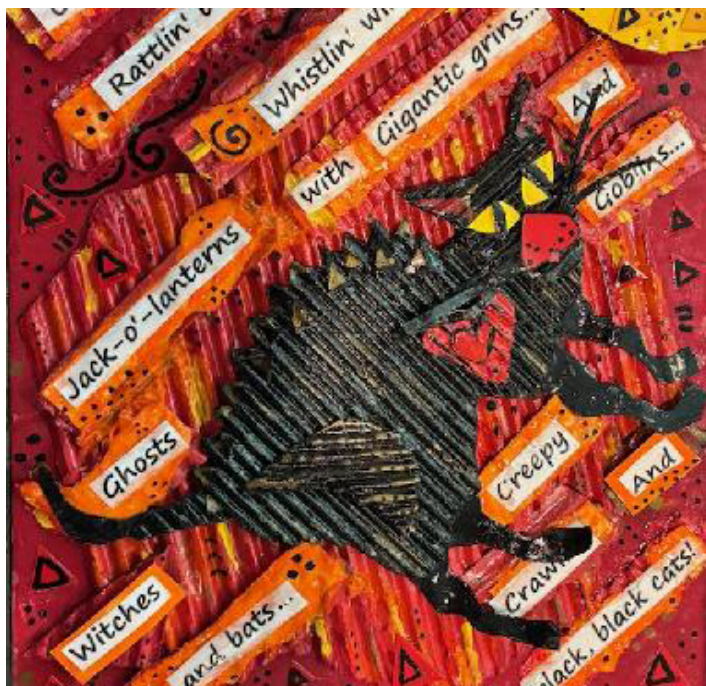
NEW

Don't know what to do with all the leftover cardboard from your endless online shopping? Upcycle it into beautiful folk art! Led by our resident crafter, Noelle, this class will teach you how to take that cardboard and create a masterpiece. We provide paint, glue, and cardboard; you provide your creative mind and artsy vibes. Don't know what to make? No worries, patterns are available. Two fall sessions are offered – perfect for holiday themed art!

Instructor: Noelle Cook

Location: SeaTac Community Center

DATES	DAY	TIME	AGES	FEE
Oct. 9, 16, 23	Th	6:30–8:00 p.m.	14+	\$21
Nov 6, 13, 20	Th	6:30–8:00 p.m.	14+	\$21



Connect with the City of SeaTac on social media!



INDOOR AIR SHOW (INDOOR FLYERS)

Fridays from 10 a.m. to Noon

Every Friday, a group of young dare devils (very loose interpretation) take to the skies with their flying machines (in our gym, with RC electric airplanes). If you are interested in joining them, bring your flying machine (RC electric airplane).

These reckless aviators perform amazing, heart stopping stunts that thrill their audiences. Spectators are always welcome, and it's free to watch them perform!

\$2.75 plus tax for young at heart daredevils 55 & older.

\$3.75 plus tax for everyone else (under 55).

GYM DROP-IN ACTIVITIES

Indoor Flying Time

Friday 10:00 a.m. – Noon

Pickleball/Badminton

Monday & Friday 12:30 p.m. – 2:30 p.m.*

Tuesday 9:30 a.m. – 12:30 p.m.*

Wednesday & Thursday 10:30 a.m. – 2:30 p.m.*

Friday 12:30 p.m. – 2:30 p.m.*

Badminton

Saturday 8:30 a.m. – 1:00 p.m.

Teen Badminton

Tuesday 2:30 p.m. – 5:00 p.m.

Pickleball

Friday 5:00 p.m. – 9:00 p.m.

** Pickleball and badminton hours are subject to change.
Please call to confirm.*

DROP-IN ACTIVITY FEES

Sales tax will be added to the fees below.

ACTIVITY	ADULT	SENIOR*
Open Badminton	\$3	\$3
Open Badminton (Saturdays)	\$5	\$5
Open Pickleball	\$3	\$3
Open Pickleball (Fri. evenings)	\$6	\$6
Indoor Flying	\$3.75	\$2.75
Open Stretching Time	\$6	\$6

** Senior citizen must be at least 55-years old.*

Senior Programs

■ Location

SeaTac Senior Program
13735 24th Ave. S., SeaTac

■ Phone Numbers

206-973-4690—Senior Desk
206-973-4680—SeaTac Community Center

■ Hours of Operation

Monday–Friday, 8:30 a.m.–4:00 p.m.

STAY UP TO DATE

Email – To join our email list, just send an email with the subject “SUBSCRIBE” to aoliverson@seatacwa.gov. You’ll receive our monthly digital newsletter and other occasional updates.

Website – You can always find up-to-date information, newsletters, and menus at <https://www.seatacwa.gov/senior-program>

TRANSPORTATION OPTIONS

HYDE SHUTTLE

SeaTac/Tukwila – This shuttle service will provide transportation throughout all of SeaTac, Tukwila and to St. Anne’s Hospital in Burien.

To make a reservation, call the Hyde Shuttle at 206-727-6262, no later than noon, three days before your ride. Rides are free but donations are welcome. Neither shuttle provides rides to SeaTac Airport.

ACCESS TRANSPORTATION

Access transportation with King County Metro is a door-to-door service. For questions, please call 206-263-3113.

SENIOR MEALS

MEALS ON WHEELS

The City of SeaTac contracts with Sound Generations to provide Meals on Wheels to eligible persons living in SeaTac who are homebound and 60+ years of age. For more information, call Sound Generations Meals on Wheels at 206-448-5767.

SENIOR CONGREGATE LUNCH PROGRAM

Meals are served Tuesday through Friday at 11:45 a.m. The cost for lunch is a suggested donation of \$5 for those 60 and over; the cost is \$7 for those under 60. For information, or to request transportation, call 206-973-4690.

We are happy to announce that Green Sprouts is our new Congregate Lunch provider. The meals are prepared off-site and delivered hot and ready to serve. The meal will include an entrée, salad, side veggie, fresh fruit, and dessert. There are opportunities for gluten free and vegan substitutes, but we must have advance notice of 48 hours to plan with Green Sprouts. You are welcome to call 206-973-4690 and to order a substitute meal.

This program is supported by grant funds from the King County Veterans, Seniors, and Human Services Levy.

MEALS ON WHEELS PROGRAM (VOLUNTEERS NEEDED)

The Meals on Wheels program transitioned from the Senior Program to Human Services with support from Sound Generations. Sound Generations is looking for volunteers to support this program. The volunteers needed for Meals on Wheels are as follows: Co-Volunteer Coordinator, drivers and back up drivers, meal packers and callers. Volunteer hours will be available on Mondays mid-day. For more information regarding volunteering or about the program, please call Sound Generations at 206-448-5767 or email mealsonwheels@soundgenerations.org.

SENIOR SERVICES

KING COUNTY METRO NEIGHBORHOOD POP-UP

Don't let transportation problems slow you down! On the third Thursday of every month the Metro Neighborhood Pop-Up will set up shop in the Senior Lobby of the Community Center. The on-site Metro team will provide information and assistance with ORCA cards and more.

Metro representatives can help with:

- Getting a new Adult ORCA Card.
- Getting a new Senior and Disabled Regional Reduced Fare Permit (RRFPs).
- Replace lost or damaged cards.
- Adding fare products and value to existing ORCA cards.
- Provide guidance on how to best use an ORCA card.
- Answering questions about the regional transit system.
- Provide information about new Metro services.
- Listen to feedback and share it with Metro planners.

DATE	DAY	TIME	AGES	FEE
Sept. 18	Th	9:30–11:30 a.m.	Any	Free
Oct. 16	Th	9:30–11:30 a.m.	Any	Free
Nov. 20	Th	9:30–11:30 a.m.	Any	Free
Dec. 18	Th	9:30–11:30 a.m.	Any	Free

FREE LEGAL ADVICE

Mary Henderson, attorney at law, will be here once a month to answer legal questions for seniors. These include issues regarding wills, Power of Attorney, Elder Law, landlord-tenant issues and the Vulnerable Adult Protective Act. Thirty-minute appointments are available on the first Thursday of each month, between 1–3:00 p.m.

Call 206-973-4680 to make an appointment.

Upcoming Dates: Oct. 2, Nov. 6 and Dec. 4.

COFFEE WITH A COP

With Denise Contreras, Community Service Officer & Will Bisesto, Community Engagement Officer

Please join Denise and Will for a coffee chat discussion around “Keeping Seniors Safe”. Learn how to protect yourself from different scams, how to keep your Identify save from ID thieves, and get tips on how to protect your personal safety. There will be flyers and handouts available. We will have coffee, tea, ice water and sweet treats.

Location: Senior Lobby of the Community Center.

DATE	DAY	TIME	AGES	FEE
Oct. 2	Th	9:30 a.m.	55+	Free

TECH SUPPORT FOR SENIOR WITH SMART PHONES AND TABLETS

Larence Wawro will provide one-on-one technical support for seniors who need assistance with their smart phones and tablets. 15-minute appointments are available.

To make an appointment call the front desk at 206-973-4680.

DATE	DAY	TIME	AGES	FEE
Oct. 10	F	11:00 a.m.	55+	Free
Nov. 14	F	11:00 a.m.	55+	Free
Dec. 12	F	11:00 a.m.	55+	Free

SENIOR HEALTH BENEFITS ADVISOR (SHIBA)

Our Statewide Health Insurance Benefits Advisory (SHIBA) Volunteer is available to help with unbiased information about options for health insurance and related matters. In-person meetings are available on the third Thursday of each month.

Call 206-973-4680 to make an appointment or for information.

Upcoming Dates: Oct. 16, Nov. 20 and Dec. 18.

Connect with the City of SeaTac on social media!



SENIOR MASSAGE WITH LITA ARTIS, MA LMP

Enjoy a relaxing and therapeutic chair massage. Lita is here on the fourth Tuesday of each month. The cost of the appointment is \$35 for 30 minutes.

Make your appointment at the senior desk or call 206-973-4680.

Upcoming Dates: Oct. 28, Nov. 25 and Dec. 23.

YOU MAY BE ELIGIBLE FOR A PROPERTY TAX REDUCTION

Your qualification for a property tax exemption is based on your ownership, occupancy, age, and income for the preceding year. To apply for this program, apply online at taxrelief.kingcounty.gov any time. For more information or assistance with your online application, you can email exemptions.assessments@kingcounty.gov or call King County at 206-296-3920. You can also call the SeaTac Senior Program at 206-973-4690 for more information.

FOOT CARE SERVICES

Foot Care services with Riah Hughes, RN. Cost is \$45. **By appointment only at 206-973-4680.**

NEWCOMER'S SOCIAL HOUR

We understand that starting something new can be a little bit nerve wracking. That's why we've started our Newcomer's Social Hour, meeting on the first Friday of each month. It's a great opportunity to learn about our programs, meet other seniors and staff, ask questions, and have a good time! We always have a fun game to play and some delicious goodies to share. We'd love for you to join us!

Location: Senior Lobby of the Community Center.

DATE	DAY	TIME	AGES	FEE
Monthly	1st Friday	10–11 a.m.	55+	Free

SENIOR CLASSES

FALL PREVENTION CLASS

The One Step Ahead Fall Prevention program is sponsored by King County EMS. The presentation will cover the impacts of falls, identify risk factors, and explore strategies to reduce fall risks in and around the home. Key topics include Physician Interaction, Exercise, Home Modifications, Medication Management and Vision & Hearing. Time permitted, we'll review "getting up from a fall" and the importance of having a safety plan. The presentation lasts approximately 1 hour, including Q & A.

Please register for this class by calling the front desk at 206-973-4680.

DATE	DAY	TIME	AGES	FEE
Sept. 24	W	12:30 p.m.	55+	Free

GARDENING WITH ROBYN SERIES

ALL ABOUT BULBS

Learn about what, when, how, and where to garden with bulbs. In the landscape or container, this group of plants gives so much for so little care. Our favorite horticulturist, Robyn Marleia, will give you the knowledge to plant and enjoy a succession of beautiful blooms all year long.

DATE	DAY	TIME	AGES	FEE
Oct. 1	W	12:30–1:30 p.m.	55+	Free

HOLIDAY DECORATING

Is your holiday décor in need of a refresh? From ways to incorporate your garden greenery to how to tie the perfect wreath bow, Robyn will help you get inspired with some great tips and ideas for fun and festive decorating.

DATE	DAY	TIME	AGES	FEE
Dec. 3	W	12:30–1:30 p.m.	55+	Free

Classes are free, but please register by calling the front desk at 206-973-4680.

COOKING CLASSES WITH MS. LISA**2nd & 4th Thursdays**

Starting on Thursday, October 9th at 12:30 PM, Lisa will host a cooking class in the craft room. Lisa will be demonstrating healthy recipes with simple ingredients for you and your family and friends.

Come check out the class by registering for cooking with Miss Lisa at the front desk.

DATE	DAY	TIME	AGES	FEE
Oct. 9	Th	12:30 p.m.	55+	Free
<i>Topic: Zesty Baked Artichoke Dip</i>				
Oct. 23	Th	12:30 p.m.	55+	Free
<i>Topic: Creamy Tarragon Chicken Salad</i>				
Nov. 13	Th	12:30 p.m.	55+	Free
<i>Topic: Skillet Lasagna</i>				
Dec. 8	Th	12:30 p.m.	55+	Free
<i>Topic: Broccoli-Cheese Soup</i>				
Dec. 18	Th	12:30 p.m.	55+	Free
<i>Topic: Butternut Squash Soup</i>				

No Class on Nov 27.

CREATIVE WRITING GROUP**Meets the Second Friday of the Month**

Sandra Rosa Bryant or Larence Wawro, the Adult Services Librarian at the Valley View & Des Moines Libraries, leads our writing group. It meets the second Friday of every month from 10:00 a.m. – 11:00 a.m. There are opportunities to share what you have written with other participants in the group as well as time to work on your writing and create more substance for your project.

For more information, please call the Senior Desk at 206-973-4690.

DATE	DAY	TIME	AGES	FEE
Oct. 10	F	10:00–11:00 a.m.	55+	Free
Nov. 14	F	10:00–11:00 a.m.	55+	Free
Dec. 12	F	10:00–11:00 a.m.	55+	Free

AARP SAFE DRIVING CLASS

Cars have changed. So have traffic rules, driving conditions and the roads you travel on every day. Some drivers have never looked back since they got their first driver's license, but even the most experienced drivers can benefit from refreshing their driving skills. You may also get a discount on your car insurance. AARP members pay \$20 and nonmembers \$25; payable to the instructor at class (check or cash).

Please register in advance. There are no drop-in spaces available. This is a two-day session so you must attend both days.

DATES	DAY	TIME	AGES	FEE
Oct. 14&16	T&Th	9:00 a.m.–1:30 p.m.	55+	\$20/\$25*

**20 for AARP members; \$25 for non-members.*

**COMFORT KEEPERS CLASS
AGING IN PLACE**

Many seniors want to stay in their homes and be active in their community as they get older. This class will help homeowners make their home a safe and comfortable living environment for seniors who want to age in place. Many new and innovative products are emerging, and service providers are focusing their businesses on creating renovations that help seniors proactively plan so they can live their days in the comforts of their own home, wherever their home may be.

Please register for this class by calling 206-973-4680.

Presented by: Sheila Goodfellow and Dru Reith from Comfort Keepers

DATE	DAY	TIME	AGES	FEE
Oct. 15	W	12:30 p.m.	55+	Free

Connect with the City of SeaTac on social media!



UNBIASED MEDICARE INFORMATION FROM SHIBA

Yes, that enrollment date is coming soon! This class will help you compare information to help make that yearly Medicare decision. The following will be covered:

- Understanding your health care coverage options and rights.
- Find affordable health care coverage.
- Evaluate and compare health insurance plans.

There will be a question-and-answer session following the class for any individual concerns.

Register for this informational class by calling 206-973-4680 or register in person at the front desk.

Presented By: Lee Rockoff, SHIBA (Statewide Health Insurance Benefits Advisors) from the Washington State Office of the Insurance Commissioner and Solid Ground.

DATE	DAY	TIME	AGES	FEE
Oct. 21	T	12:30 p.m.	55+	Free

FALL BOTANICAL WALK WITH ARBORIST ELBY JONES

Join SeaTac's Urban Forester, Elby Jones, on a walk to discover the diverse plant life living right here in our own backyard. Elby will lead an easy walk in North SeaTac Park, teaching and answering questions about the plants and trees you encounter. The group will meet in the Senior Program lobby at 8:45 a.m. and walk with Elby for about an hour. There is no charge to attend, but please register so we know how many people to expect.

Register by calling 206-973-4680.

DATE	DAY	TIME	AGES	FEE
Oct. 21	T	8:45 a.m.	55+	Free

SENIOR BOOK CLUB

The Senior Book Club will meet every third Tuesday of each month at 10:30 a.m. Books for upcoming meetings will be selected by the Book Club participants. Senior Book Club meets at Senior wing of the Community Center in Room 121.

Please call 206-973-4690 to get more information or to make book club suggestions.

- Oct. 21 – *Impossible Views of the World* by Lucy Ives.
- Nov. 18 – To be determined.
- Dec. 16 – To be determined.

ETHIOPIAN COFFEE CEREMONY WITH SERVE ETHIOPIANS WASHINGTON

Mercy from Serve Ethiopians of Washington will perform a traditional Ethiopian Coffee Ceremony following lunch at 1:30–4:00 p.m. in the banquet room. She will roast the beans and serve coffee along with bread and popcorn.

Please register for the ceremony by calling 206-973-4680.

This event was made possible by funding from the King County Veteran, Senior, and Human Services Levy Grant

DATE	DAY	TIME	AGES	FEE
Oct. 28	T	1:30–3:30 p.m.	55+	Free

DROP-IN ACTIVITIES

Our drop-in groups are open to all levels of players. Newcomers welcome!

Bridge	Monday, 1–3 p.m. Wednesday (1st & 3rd), Noon–3 p.m. Fridays, 1–3 p.m.
Bunko	Fridays, (3rd), 12:30–2 p.m.
Crafts	Tuesdays (1st & 3rd), 12:30–2 p.m. (\$7)
Canasta	Tuesdays, 12:30 p.m.
Pinochle	Thursdays, Noon–3 p.m.
Wii Games	Fridays, 10 a.m.

Don't see an activity that interests you? Let us know what you are looking for. We are always open to new ideas for drop-in activities.

CREATIVE CRAFT SERIES WITH AMY

This twice monthly craft workshop series is your ticket to hands-on creativity, laughter, and a lot of fun. Each session features a new project, from painting and paper crafts to mixed media and seasonal surprises. All materials provided—just bring your imagination!

The fee for each class is \$7, and a 5-class punch card is available for \$25.

Please register in advance for each class so we know how many materials to prepare.

PUMPKIN PALOOZA

Create a whole pumpkin patch of projects! We'll have a variety of simple pumpkin-themed crafts to make for your Halloween decorating, including a pumpkin lantern, cozy yarn pumpkins and more!

DATE	DAY	TIME	AGES	FEE
Oct. 7	Tu	12:30–1:30 p.m.	55+	\$7

WIRE & GLASS MERMAID WITH NOELLE

Noelle Cook will teach us how to make another of her whimsical creations—a mystical mermaid made of stained-glass pieces, wire, old jewelry, and beads.

DATE	DAY	TIME	AGES	FEE
Oct. 21	Tu	12:30–1:30 p.m.	55+	\$7

BEADED TREE OF LIFE

Wire, beads, and creativity come together in this sparkling project! Learn how to shape wire into a beautiful “Tree of Life” design and decorate it with colorful beads. Each tree is unique and makes a wonderful keepsake or gift.

DATE	DAY	TIME	AGES	FEE
Nov. 4	Tu	12:30–1:30 p.m.	55+	\$7

KIMEKOMI BALL ORNAMENT

Try your hand at an elegant Japanese craft tradition. By simply tucking small fabric pieces into a grooved foam ball, you'll create a stunning kimekomi ornament—no sewing required. The finished piece is perfect for holiday decorating or year-round display.

DATE	DAY	TIME	AGES	FEE
Nov. 18	Tu	12:30–1:30 p.m.	55+	\$7

EASY HOLIDAY ORNAMENT EXTRAVAGANZA

This class is all about simple, fun, and festive ornament projects that anyone can make. You'll leave with several one-of-a-kind creations ready to brighten your holiday season.

DATE	DAY	TIME	AGES	FEE
Dec. 2	Tu	12:30–1:30 p.m.	55+	\$7

No Craft Class on Dec. 16



SAVE
THE
DATES

Thanksgiving Luncheon

Wednesday, November 19 at 10:30 a.m.
Reservation required.

Reservations will open one month prior to the luncheon event at the Community Center front desk or by phone at 206-973-4680.

Holiday Luncheon

Friday, December 19 at 10:30 a.m.
Reservation required.

SENIOR FITNESS CLASSES

CREATIVE MOVEMENT WITH TERESA CASTILLO

Experienced fitness instructor Teresa Castillo will bring her good energy and positive attitude to this fun new Creative Movement class. Using a wide variety of techniques, including balance and core exercises, yoga movements, Tai Chi, Pilates and mat work, light weights, and resistance training, Teresa will help you build and strengthen your daily practice for functionality, longevity, and connection. Plus, she will share some healthy snack suggestions too.

Please register by calling 206-973-4680. Class is free, but registration is required.

This class is supported by VSHS Levy Grant by King County.

DATE	DAY	TIME	AGES	FEE
Oct. 7–Dec. 16	T	1:00 p.m.	55+	Free

No Class on Nov. 11, Nov. 25, Dec. 23 and Dec. 30.

ZUMBA GOLD WITH GABRIELA VELAZQUEZ

Join Gabriela and her wonderful high energy and great music for a walk-in Zumba Gold class. This class is geared towards all abilities, and you can be a beginner or an advanced Zumba participant. You can do class sitting in a chair as well. Come join in the fun and get some exercise.

Please register by calling 206-973-4680. Class is free and available to King County residents 55 and older.

This class is supported by VSHS Levy Grant by King County.

DATE	DAY	TIME	AGES	FEE
Oct. 9–Dec. 18	Th	10:00 a.m.	55+	Free

No Class on Nov. 27, Dec. 25 and Jan. 1.

Connect with the City of SeaTac on social media!



FALL LINE DANCE PARTY WITH SUZANNE SIMMONS

Suzanne will lead a Soul Line Dance Party in the Banquet Room at the SeaTac Community Center. There will be music, dancing, snacks and a lot of laughs and fun. The party is open to Seniors 55 years and older and dancers of all levels are welcome! Don't forget to bring your comfortable dancing shoes. Happy dancing!

Please register in advance due to the limited room space. To register, please call 206-973-4680.

This class is supported by VSHS Levy Grant by King County.

DATE	DAY	TIME	AGES	FEE
Oct. 24	F	1:30 p.m.–3:30 p.m.	55+	Free

SENIORS WORKING OUT CLASS

The gym is currently open for exercise and walking on Mondays, Wednesdays and Fridays. This self-directed group walks and incorporates a variety of stretching and strengthening techniques. New participants are welcome to join any time.

DATE	DAY	TIME	AGES	FEE
Ongoing	M/W/F	8:30–9:30 a.m.	55+	None

FITNESS ROOM

The SeaTac Community Center has a fully equipped weight room with cardio equipment, weight machines, free weights, and a variety of other equipment.

Monthly Pass: Senior – \$20*

** Sales tax (10.2%) will be added to the cost of fitness room passes.*

RESIDENT FITNESS ROOM PASS

SeaTac residents age 55 and over are eligible for a free pass to work out on Tuesday and Thursday mornings from 9:00–11:00 a.m. To obtain a pass, visit the community center front desk with a current photo ID and recent utility bill (to verify residency).

SENIOR TRIPS

Registration Opens September 24

Early Registration for SeaTac Residents & Volunteers: September 23

TRIP REGISTRATION POLICY & PROCEDURES

- **Payment:** Full payment is required upon trip enrollment. We accept credit/debit cards and checks, no cash.
- **Registration begins at 8:30 a.m. sharp.** Registrations are completed in the order they come in, whether that is in person or by phone call. There will be a maximum of 4 trips per person on these two days. You may register for additional trips later if available.
- **In person registration:** Register at the Community Center Front Desk. Doors open and registration begins at 8:30 a.m. sharp.
- **Phone Registration:** Call the Community Center front desk at 206-973-4680. Do not call the senior program desk or any staff member directly, all registrations will be done through the front desk. Please be ready with your chosen trips and credit card information. You may also save a card on file with us to expedite the process.
- **Voicemail:** Due to the volume of registrations, we process during the first two days, we are usually not able to respond right away to voice messages. If you call and we don't answer, it's usually best to wait a few minutes and try again.
- **Online registration:** We do not offer online registration at this time.
- **Individuals who require special accommodation** should notify staff at time of registration.

Trip registration is a very busy time, and we do our best to ensure that the process is fair to everyone. If you have any questions about our process or policies, please reach out. We appreciate your patience and understanding.

- **Trip Cancellations:** If you are unable to attend a trip, please let us know as early as possible so we can offer your seat to another interested senior. For most trips, cancellations made up to two days in advance will receive a full refund or credit, minus a \$5 processing fee. For ticketed events, we are unable to issue a refund/credit regardless of notice given, unless someone else buys your ticket.
- **Wait Lists:** Our trips often fill quickly. We recommend getting on the wait list if a trip is full. We do our best to make it possible for all interested to attend and sometimes we can add another van or trip date. If you're not on the waitlist, we don't know you are interested.
- **Trip Pickups:** All participants will need to arrange their own transportation to and from the SeaTac Community Center for trips. We encourage participants without transportation to work with Metro ACCESS, the Hyde Shuttle, or contact staff for assistance.
- **State Sales Tax:** There will be sales tax (currently 10.2%) on all senior trips involving admission to events, prepaid dining, sightseeing and shows. Nontaxable trips are trips where we only provide transportation.
- **Activity Levels**
 - Easy:** No extended periods of walking or standing. Suitable for walkers and wheelchairs.
 - Moderate:** Some periods of standing and/or walking (less than one mile), paved or mostly even terrain, generally suitable for walkers with wheels.
 - Challenging:** Long periods of standing or walking and/or uneven terrain. Not suitable for walkers.

If you have any questions about whether or not a trip is right for you, please don't hesitate to contact Senior Program Staff at 206-973-4690.

POTTERY PAINTING AND PIZZA PARTY

Unleash your creativity with a fun afternoon of pottery painting at Brush It Off studio! Choose from a variety of ceramics to decorate. Whether you're a seasoned artist or just want to try something new, you'll have everything you need to create a beautiful one-of-a-kind keepsake. You can take your time creating your masterpiece since we'll also be having a delicious pizza party lunch at the studio! Transportation, lunch, ceramics, and all materials are included in the fee.

Activity Level: Easy

DATE	DAY	TIME	AGES	FEE
Oct. 6	M	9:15 a.m.–1:30 p.m.	55+	\$55

TACOMA HOLIDAY FESTIVAL

Kick off the season with holiday cheer and day of great shopping at the Tacoma Holiday Festival! This festive tradition packs the Tacoma Dome with hundreds of seasonal vendors and plenty of holiday spirit. Browse unique gifts, savor tasty treats, and soak up the magic of the season. It's the perfect way to get into the holiday mood and check a few things off your holiday shopping list! Fee includes transportation and entrance fee. Lunch is on your own at the festival.

Activity Level: Moderate

DATE	DAY	TIME	AGES	FEE
Oct. 23	Th	9:30 a.m.–3:00 p.m.	55+	\$25

FALL FOLIAGE TOUR ON A VINTAGE METRO BUS

This fall, we'll take a trip back in time on a Fall Foliage Tour with the Metro Employees Historical Vehicle Association. MEHVA keeps King County's transportation history alive by preserving and operating a fleet of historic metro buses, streetcars, and trolleys from over a century of Metro service. Enjoy a colorful leaf-peeping trip through the Cascade foothills on a historic bus along the quiet back roads of east King County. The tour will last a leisurely 4 hours, with stops for photos and lunch.

Activity Level: Easy

DATE	DAY	TIME	AGES	FEE
Oct. 26	Su	10:00 a.m.–4:00 p.m.	55+	\$18

SEATTLE ASIAN ART MUSEUM AND VOLUNTEER PARK CONSERVATORY

Volunteer Park is home to two of Seattle's architectural treasures, and we'll visit both on this trip. We'll start with a guided tour of the art deco era Seattle Asian Art Museum, with featured exhibits such as Anila Quayyum Agha's *Geometry of Light*, a breathtaking exploration of light and shadow, and Ai Weiwei's "Water Lilies," a massive Monet-inspired work made of Lego bricks. After the tour we'll step into the Volunteer Park Conservatory, where lush tropical plants, orchids, and floral displays create a warm and vibrant escape from the chilly weather outside. Fee includes transportation, museum admission and tour. Please bring \$4 cash for the Conservatory entrance fee. Lunch is on your own.

Activity Level: Moderate

DATE	DAY	TIME	AGES	FEE
Nov. 14	F	10:30 a.m.–4:30 p.m.	55+	\$30

WILD LANTERNS SENIOR STROLL

Experience the zoo in a whole new light! The Wild Lanterns event transforms Woodland Park Zoo into a glowing wonderland filled with dazzling, larger-than-life illuminated animals and whimsical displays. We'll attend during the zoo's official "senior stroll" and have plenty of time to enjoy the displays at your own pace. You can also grab dinner at the zoo café, or you can bring your own meal. Fee includes transportation and zoo admission.

Activity Level: Moderate to challenging

DATE	DAY	TIME	AGES	FEE
Nov. 25	Tu	3:15 p.m.–7:30 p.m.	55+	\$35



THE LION KING

Be swept away by the magic of Broadway as we attend The Lion King at the Paramount Theater! With its unforgettable music, spectacular costumes, and breathtaking puppetry, this award-winning musical brings the beloved story to life in a way that delights audiences of all ages. From the opening notes of “Circle of Life” to the grand finale, this is an experience you won’t want to miss. We’ll travel to the show via light rail, enjoy lunch downtown before the show and watch the show from great mezzanine seats.

Activity Level: Moderate. Participants must be able to navigate light rail without assistance and walk approximately 3 city blocks. Two flights of stairs will be required to access seats; the Paramount does not have an elevator.

DATE	DAY	TIME	AGES	FEE
Dec. 4	Th	10:00 a.m.–5:30 p.m.	55+	\$83

A VERY MERRY MYSTERY TRIP

Join us for a day of holiday cheer with a thrifty twist! We’ll explore a few surprise destinations where you can soak up the seasonal spirit and maybe grab a few bargains while you’re at it. We’ll have a special challenge for you along the way and wrap up our trip with a memorable celebration. Pack your holiday spirit, a sense of humor, and get ready for merry memories you won’t want to miss!

Activity Level: Moderate

DATE	DAY	TIME	AGES	FEE
Dec. 8	M	9:15 a.m.–5:00 p.m.	55+	\$10



HOLIDAY POPS CONCERT WITH THE SEATTLE SYMPHONY

Celebrate the season in style at Seattle Symphony’s ever-popular Holiday Pops concert. This joyful performance blends classic holiday favorites, festive carols, and a touch of sparkle, all performed by world-class musicians in one of Seattle’s most beautiful venues. It’s sure to be one of the highlights of your holiday season.

Activity Level: Moderate. Participants will need to be able to navigate light rail without assistance, but there will not be extended walking or stairs.

DATE	DAY	TIME	AGES	FEE
Dec. 14	Su	12:15 p.m.–5:30 p.m.	55+	\$63

VILLAGE THEATRE SHOWS

We have finalized our season ticket purchase for the 2025-26 Village Theatre Season, but if you would like to be added to our “back-up” list for any or all shows, please call Amy at 206-973-4683. Sometimes our season ticket holders can’t make a performance and if we know you are interested, we can offer those tickets to you. Prices range from \$74 to \$109 depending on seat location.

Dates and shows for this season are:

- Oct. 16*Brigadoon*
- Dec. 18*9 to 5 the Musical*
- Feb. 19.....*Baskerville: A Sherlock Holmes Mystery*
- Apr. 23*Grease*
- June 18*We Ain’t Ever Gonna Break Up: The Hymon and Parfunkel Musical*

Connect with the City of SeaTac on social media!



Registration Information

CONTACT US:

SeaTac Parks and Recreation Department

SeaTac Community Center: 206-973-4680
(facility & picnic shelter rentals)
13735 24th Ave. S., SeaTac, WA 98168

Senior Program: 206-973-4690

Parks Administration: 206-973-4670

Parks Operations: 206-973-4770 (sport field rentals)

Website: www.seatacwa.gov/parks

ONLINE REGISTRATION

Online registration available at:
<https://secure.rec1.com/WA/city-of-seatac>.

Register online!



BY MAIL

Send form and payment to:
SeaTac Community Center
13735 24th Ave. S., SeaTac, WA 98168

Registration form can be found online at:
<http://www.seatacwa.gov/ParksRegistrationForm>

WALK IN

Open for walk-in registration during regular business hours at SeaTac Community Center.

REGISTRATION

Registration will be on a first-come, first-served basis. Please register early before classes are filled. Classes with insufficient number of registrants will be cancelled. Decisions to cancel classes will be made one week prior to the start of class.

Mail-in registrants are advised to call to confirm that your registration has been received. Your cancelled check is your receipt. If the class has been filled prior to receiving your registration form, we will call you. Be sure to provide a daytime phone number on the registration form.

Payment must be made at the time of registration. Make checks payable to "City of SeaTac." MasterCard and Visa are accepted. No cash accepted at this time.

Participants under 18-years-of-age must have parental consent.

■ Non-Discrimination Policy

The City of SeaTac does not discriminate on the basis of race, sex, color, religion, national origin, age, disability, or veteran status in the provision of services, in programs or activities, or employment opportunities and benefits. Inquiries concerning the Americans With Disabilities Act of 1990, and requests for reasonable accommodation should be directed to City Hall 206-973-4800. Mail in inquiries should be directed to: City of SeaTac, Human Resources Department, 4800 S. 188th St., SeaTac, WA 98188.

■ Satisfaction Guaranteed

At the City of SeaTac Parks and Recreation Department, we are committed to providing the public with high-quality recreation programs. Our residents and patrons are important to us and we feel they deserve quality at all times. We are so confident that our recreation classes are high-quality that we are backing them with a Satisfaction Guaranteed Policy. If you are not satisfied, you can repeat that class at no charge, receive full credit that can be applied to any recreation class, or receive a full refund. Refund requests must be made within five business days of last class. This policy DOES NOT apply to excursions, adult sport leagues, preschool, camps and special events.

■ Inclement Weather

During a severe weather event, our programs and/or the SeaTac Community Center may close. If you are unsure about the weather, please call to confirm your activity.

■ Retail Sales Taxes

Retail sales tax will be added to applicable recreation programs.

■ Refunds

You will receive a 100% refund if insufficient enrollment forces the cancellation of a class. Allow approximately three weeks for refund if enrollment fee was paid by check, cash or money order.

Classes cancelled due to inclement weather, or instructor cancellation will result in a credit to your family account.

Refunds for medical reasons will be pro-rated, if written verification from medical personnel is provided.

■ Cancellations

In case of bad weather in which games or activities may be cancelled, participants or team representatives may call the Parks and Recreation Department at 206.973.4680. Weather dependent cancellation decisions are made two to three hours prior to activity.

Cancellation decisions for specific programs are made one week prior to the start of the first class. Cancellations by registrants beyond this date will not be accepted.

Cancellation of specific programs may be necessary due to insufficient enrollment. The staff reserves the right to consolidate, postpone, reschedule or cancel any program due to lack of enrollment.

■ Photos of Participants

Occasionally, City of SeaTac staff takes photos and/or video during our programs. If you wish not to have yours or your children's photo/video taken in conjunction with our programs, please notify any recreation staff member or your class instructor. Photos/video taken during Parks & Recreation activities are used in the promotion of future City programs.

SeaTac Community Center

SEATAC COMMUNITY CENTER HOURS

Monday–Friday 8:30 a.m.–9:00 p.m.
 Saturday 8:30 a.m.–1:00 p.m.
 Sunday Closed

SENIOR CENTER HOURS

Monday–Friday 8:30 a.m.–4:00 p.m.

HOLIDAY CLOSURES

November 11..... Veterans Day
 November 27..... Thanksgiving
 November 28..... Day after Thanksgiving
 December 25 Christmas Day

DROP-IN ACTIVITY FEES

Sales tax will be added to the fees below.

ACTIVITY	ADULT	SENIOR ²
Open Badminton	\$3	\$3
Open Badminton (Saturdays)	\$5	\$5
Open Pickleball	\$3	\$3
Open Pickleball (Fri. evenings)	\$6	\$6
Indoor Flying	\$3.75	\$2.75
Open Stretching Time	\$6	\$6

	RESIDENT ¹	NON RES	SENIOR ²
Weight Room ³	\$5	\$6	n/a
Weight Room (monthly pass) ³	\$25	\$30	\$20
Weight Room (90-day pass)	\$70	\$85	\$55
Shower only ⁴	\$3	\$3	\$3
(towels not provided)			

¹ Resident of SeaTac.

² Senior citizen must be at least 55-years old.

³ Participants for the weight/cardiovascular room must be at least 16 years of age.

⁴ Shower charge only if not participating in an activity.

Connect with the City of SeaTac on social media!



GYM DROP-IN ACTIVITIES

Indoor Flying Time

Friday 10:00 a.m.– Noon

Pickleball/Badminton

Monday & Friday..... 12:30 p.m.–2:30 p.m.*
 Tuesday 9:30 a.m.–12:30 p.m.*
 Wednesday & Thursday 10:30 a.m.–2:30 p.m.*
 Friday..... 12:30 p.m.–2:30 p.m.*

Badminton

Saturday..... 8:30 a.m.–1:00 p.m.

Teen Badminton

Tuesday 2:30 p.m.–5:00 p.m.

Pickleball

Friday..... 5:00 p.m.–9:00 p.m.

* Pickleball and badminton hours are subject to change.
 Please call to confirm.



SeaTac Community Center



Angle Lake Park – Picnic Shelter

Parks

ANGLE LAKE PARK

19408 International Blvd.

Boat launch, fishing, open recreation area, performing stage, picnic shelters/barbecue areas, restrooms, swimming, playground equipment, water spray park, waterfront nature trail.

BOW LAKE PARK

5040 S. 178th St.

Open space, no public parking.

GRANDVIEW OFF-LEASH DOG PARK

3600 S. 228th St.

Fencing, trails, benches, kiosk, waste receptacles, open areas, sani-cans.

HIGHLINE SEATAC BOTANICAL GARDEN

13735 24th Ave. S. (south of the SeaTac Community Center parking lot)

Walking path, water feature, variety of plant species, community garden, Japanese garden.

MCMICKEN HEIGHTS PARK

South 166th Street & 40th Avenue South

Tennis courts, open area, playground equipment, pickleball court.

NEIGHBORHOOD PARK

13735 24th Ave. S. (at SeaTac Community Center)

Half-court basketball, playground equipment, swings, climbing boulder, skate park, veterans memorial.

NORTH SEATAC PARK

South 128th Street & 20th Avenue South

Baseball/softball fields, synthetic turf soccer fields, open area, restrooms, playground equipment, picnic shelter, outdoor basketball, walking trails, community center, BMX track, pump track, disc golf.

RIVERTON HEIGHTS PARK

3011 S. 148th St.

Half-court basketball, walking paths, play equipment, tables and benches, parking.

SEATAC DES MOINES CREEK PARK

2151 S. 200th St.

Paved pedestrian and biking trail, trailhead parking.

VALLEY RIDGE PARK

4644 S. 188th Street

Synthetic turf baseball/soccer/softball fields, tennis courts, community center, skate park, playground equipment, mini-pitch, basketball courts, 1/2-mile paved walking path, restrooms.

Program Facilities

Bow Lake Elementary School/SeaTac Activity Room, 18237 42nd Ave. S.

SeaTac Community Center, 13735 24th Ave. S.

Valley Ridge Community Center, 4644 S. 188th St.

FACILITY AND PICNIC SHELTER RENTALS

Phone: 206-973-4680

Email: facilityrental@seatacwa.gov

Website: www.seatacwa.gov/facilityrentals

SEATAC COMMUNITY CENTER

Banquet room, gymnasium, multi-purpose rooms.

ANGLE LAKE PARK

Picnic shelters, performing stage.

NORTH SEATAC PARK

Picnic shelter.

SPORT FIELD RENTALS

Field Scheduling: 206-973-4770

Website: www.seatacwa.gov/sportfields