

# City of SeaTac

## 2019 - 2020 Guide to Human Services Providers

**Apprenticeship and Non-traditional Employment for Women (ANEW)**      **206.381.1384**  
 Provides employment navigation, training and support services for anyone who would like to earn a family wage career in the construction trades.

**Asian Counseling**      **206.695.7600**  
 Provides mental health services to Asian Americans, Pacific Islanders and other underserved communities.

**Crisis Clinic**  
**Community Info Help Line**      **Call: 2.1.1**  
**24-Hour Crisis Line**      **206.461.3222**  
**Website**      [www.crisisclinic.org](http://www.crisisclinic.org)  
**Teen Link**      [www.866.teenlink](http://www.866.teenlink) or 1.866.833.6546

**Catholic Community Services**  
**Emergency Assistance**      **253.850.2523**  
 Provides emergency financial assistance to support basic needs, including shelter, rent, utilities and local transportation and food. Fridays 10 AM - 12 PM

**Catholic Community Services**  
**Volunteer (Chore) Services**      **206.328.5787**  
 Provides chore services to low income seniors and adults with disabilities to help them live independently; includes house and yard work, transportation and respite care.

**Child Care Resources**      **206.329.1011**  
 Provides child care information and referral services to parents; provides technical assistance and workshops to licensed child care providers.

**Domestic Abuse Women's Network (DAWN)**  
**24-hour Crisis Line, Shelter Services, Advocacy, and Children's Programs**      **425.656.7867**  
 Provides a confidential phone line to answer calls 24-hrs, 7 days a week for victims of domestic violence in crisis and needing immediate resources. Provides confidential shelter and advocacy services for victims and their children as well as education for the community and schools.

**Des Moines Area Food Bank**      **206.878.2660**  
**2225 Ninth Ave. So. South, Des Moines**  
 Provides food bank services, referrals, school weekend backpacks, monthly cooking classes and summer meals for kids.  
 Mondays, Wednesdays and Fridays 9 - 11:45 AM  
 3<sup>rd</sup> Tuesday of every month from 6 - 8 PM  
 3<sup>rd</sup> Tuesday of every month from 5 - 6:00 PM Dinner

**HealthPoint**  
**Primary Medical & Natural Medicine**      **206.277.7200**  
**Midway Dental**      **206.870.3600**  
 Provides health and dental services to low-income, uninsured and other City residents on a sliding scale fee. Medicaid/Medicare/Private insurance accepted.

**Highline Area Food Bank**  
**18300 Fourth Ave. S., Burien**      **206.433.9900**  
 Provides food bank services and referrals.  
 Tuesdays from 12:30 PM to 2:30 PM  
 Thursdays from 10 AM to 12:30 PM  
 2<sup>nd</sup> Tuesday of every month 5:30 PM to 7:00 PM

**Hospitality House**  
**Women's Shelter Program**      **206.242.1860**  
 Provides a nine-bed shelter for homeless women including case management, food, social/life skills, employment support and advocacy.

**King County Bar Pro Bono Services Neighborhood Legal Clinics**      **206.267.7070**  
 Provides 30 minutes of free legal advice with attorneys regarding civil issues at one of 39 clinics throughout King County. Clinics in both general and specialty areas are available.

**King County Sexual Assault Resource Center**  
**Sexual Assault Services**      **1.888.998.6423**  
 Provides crisis intervention, information, therapy and advocacy to victims of sexual assault all ages; 24-hour crisis line; prevention and education services.  
 Services provided in English & Spanish.

**Literacy Source/ELL Services**      **206.782.2050**  
 Provides learner centered instruction to adults in English literacy and basic life skills. Pre-registration not required.

**Lutheran Community Services NW**      **206.816.3250**  
**Family Resource Center**  
 Provides a variety of family and community building activities (education, information, resources and support) to refugees, immigrants and the general public.

**Multi-Service Center**  
**Emergency & Transitional Housing**      **2.1.1**  
 Provides support services and housing to homeless families and individuals in crisis.

**Emergency Assistance Program**  
**253.893.0024**  
 Provides emergency financial assistance for rent and utility assistance to residents.  
 Tuesdays      9:30 AM - Noon

**SeaTac Police Community Service Officers**  
**Officer Sana Wight 206.973.4915 Regina Burke 206.973.4917**  
**or Human Services Coordinator Kim Cooper 206.973.4815 or dial 2-1-1 for more information**

# City of SeaTac

## 2019 - 2020 Guide to Human Services Providers

### **Energy Assistance Program**

**"24/7" Appointment line** 253.517.2263

Provides emergency financial assistance to low-income households to pay energy bills.

### **Navos – Lake Burien Campus**

**Outpatient Counseling Services** 206.248.8226

Provides counseling services to families in crisis in the home, school or other community location. **M-F 8am-5pm**

**New Roots** 206.323.3152

Provides technical assistance and loans to new businesses for low income neighborhoods.

**Partners in Employment** 206.429.3824

Provides language acquisition, housing stabilization, services and resources to refugees and immigrants to obtain overcome barriers.

### **Puget Sound Regional Fire Authority**

**FD CARES Program** Message only 253.856.2273

The Fire Department Community Assistance, Referrals and Education Services program, referred to as FD CARES, is a fire agency-based community injury and illness prevention program.

**SafeFutures Youth Center - Comprehensive Case Management** 206.938.9606 ext. 106

At-Risk Youth (ages 12-19) receive case management and explore career and create an individual academic plan for long-term engagement in school.

### **City of SeaTac**

**Domestic Violence Prevention/Cases** 206.973.4634

Provides case management, advocacy, referrals, and support to survivors of abuse and education about domestic violence.

### **City of SeaTac Recreation Scholarship**

**SeaTac City Hall** 206.973.4680

Provides fee assistance for Parks and Recreation programs in brochure to income eligible residents.

### **City of SeaTac Minor Home Repair**

**SeaTac City Hall** 206.973.4815

Provides a variety of home repair services to low and moderate-income homeowners in SeaTac

**King Co. Major Home Repair Program** 206.263.9095

Provides major home repair for the City's low and moderate-income residents on a grant and/or loan basis.

### **Sound Generations**

**Meals-on-Wheels** 206.448.5767

Delivery of nutritious meals on a regular basis to eligible home-bound residents over the age of 60.

### **Sound Generations**

**Volunteer Transportation** 206.448.5740

Volunteer drivers provide round-trip transportation to the seniors 60 years & older to medical and other essential appointments.

**Sound Mental Health – PATH** 206.444.7800

Provides outreach and case management for homeless adults and families, and those at risk of homelessness, who struggle in accessing shelter, housing, primary care, mental health and/or substance use disorder treatment, basic needs, and employment.

### **SW Youth & Family Services/New Futures**

**Child and Family Support Services** 206.901.0180

Provides family support and after-school programs at Windsor Heights Apartments in SeaTac.

**SeaTac Police Community Service Officers**  
**Officer Sana Wight 206.973.4915 Regina Burke 206.973.4917**  
**or Human Services Coordinator Kim Cooper 206.973.4815 or dial 2-1-1 for more information**